



Greater Richmond Trauma-Informed Community Network (GRTICN)
Annual Report
Fiscal Year 25-26

GRTICN MISSION AND VALUES:

The Greater Richmond Trauma-Informed Community Network is a cross-sector coalition working to build a more equitable, safe, trauma-informed, and resilient community by informing, supporting, and elevating the Greater Richmond (VA) region. The GRTICN's mission is driven by the following priorities: preventing and mitigating the impact of Adverse Childhood Experiences (ACEs); advancing trauma-informed practice and policies; and advocating for trauma-informed system change.

We believe in:

A Whole-Community Approach: We consider environmental, cultural, and societal factors in order to serve all community members with compassion, humility, and respect.

A Trauma-informed Lens: We cultivate emotional, psychological, and physical safety for all community members through education, advocacy, and support.

Social Justice & Equity: We celebrate difference, acknowledge racism and other forms of systemic and historical oppression, and operate through an equity lens.

Inclusive Membership: We foster diversity and inclusion as we co-create a network that is inviting and safe for everyone and where everyone's voice can be heard.

Cross-Sector Collaboration: We honor partnerships and collaborations with community members and organizations across all systems and sectors.

Growth & Innovation: We strive to identify and remain adaptive to the needs of the community.

GRTICN MEMBERSHIP:

The Greater Richmond TICN was formed in the fall of 2012 and has a listserv of over 400 individuals representing healthcare, education, legal and courts, social services, and other sectors throughout the Greater Richmond region. More than [200 different organizations](#) have been involved in the network throughout its existence, with over [100 currently engaged organizations](#) with representatives who attend general meetings, participate in committees, open the eNote, or participate in events organized by the network.

The GRTICN Coordinator facilitates the GRTICN Orientation on a quarterly basis. The orientation is encouraged for new members and open to anyone who is interested in a refresher about the network. This fiscal year, **12 individuals** attended across the **4 orientations**.

GRTICN HIGHLIGHTS:

Resilience Week VA 2026

The seventh annual Resilience Week took place May 1-7, 2026, supported by Virginia's Trauma-Informed Community Networks (VA TICNs). Members of the GRTICN drafted a [proclamation](#) that was signed by Governor Abigail Spanberger. Resilience Week Virginia 2026 focused on building community and

connection through the ACEs Aware Seven Stressbusters. SCAN staff developed the theme and created marketing materials for VA TICNs and organizations in Virginia to use. The GRTICN Outcomes Committee Chair created the [Resilience Week Virginia 2026 Stress Busters Resource Guide](#), with ten resources/strategies for practicing each stress buster, including Virginia-specific resources. SCAN staff developed and facilitated a series of mini trainings focused on each of the stress busters and hosted a virtual screening of the *Resilience* documentary. SCAN staff also sent daily newsletters to the GRTICN highlighting each stress buster, with resources and events.

The GRTICN's Community Resilience Committee held their fourth annual Community Resilience Block Party on Wednesday, June 3 in partnership with Coventry Food Pantry. Initially planned to take place during Resilience Week, the Block Party was postponed to ensure the best location and allow more time for community organizations to sign up to participate. The event featured community resource vendors, family-friendly activities, music, and connection. Community partners, including PlanRVA, VCU, Feed More, Richmond Police Department, Atron Foundation, Preferred Choice Driving Academy, and Arie's Icees, provided resources for over **70 community members** in attendance.

Trainings, Workshops, and Screenings

Greater Richmond SCAN coordinates regular workshops and trainings that are open to GRTICN members and members of TICNs throughout Virginia. These are shared in monthly GRTICN and VA TICNs eNotes. This past fiscal year, trainings and workshops offered on a recurring basis included Introduction to Trauma and Trauma-Informed Care*; Overcoming Adversity and Building Resilience*; Trauma-Informed Strategies*; Trauma-Informed Supervision*; Self-Care and Wellness*; The Importance of Building Long-Lasting Relationships on the Road to Self-Sustainability; Cultivating Authentic Community Engagement; Impact of Trauma Exposure on Professionals*; Social and Emotional Health in Early Childhood*; Trauma-Informed De-Escalation*; Trauma and Attachment*; The Power of Play in Parenting; Stewards of Children; and Mandated Reporting and Child Safety.

*SCAN offers continuing education credits through NASW for these trainings.

SCAN also coordinates regular free virtual documentary film screenings open to GRTICN members and members of TICNs throughout Virginia. This fiscal year, SCAN held **13 public screenings**: 5 public screenings of *Pushout*; 4 public screenings of *Playing for Keeps*; and 4 public screenings of *Resilience*.

Community Resource Mapping

Community Resource Mapping (CRM) provides an alternative approach to the more common needs and deficits models of community resource assessment and instead focuses on what communities have to offer by identifying assets and resources that can be used for building a system to support and care for children, youth, and families. In March of 2025, the GRTICN Coordinator led a CRM event, in which **45 participants** from agencies across the Richmond region identified 85 resources. This fiscal year, the GRTICN Outcomes Committee carried that work forward to develop the [GRTICN Community Resource Guide](#), including those resources identified in the CRM event as well as additional resources pulled from GRTICN member agencies for a total of **144 community resources across 24 categories**. This project raises awareness about and engages more organizations in the GRTICN, promotes cross-sector collaboration, and furthers the TICN's mission to build a more equitable, safe, trauma-informed, and resilient community by informing, supporting, and elevating the Greater Richmond region. The guide has been viewed 25 times in Sharepoint and shared via email as a PDF, which we are unable to track. Feedback about the guide was collected in the informational survey: 40% of respondents who were aware of the guide said they have used it in various ways, including to support schools, find specific services for clients, and share with colleagues.

GRTICN Community Resources During Heightened Immigration Enforcement

Due to concerns about heightened immigration enforcement affecting clients and staff within GRTICN member agencies, and consistent with the GRTICN mission to build a more equitable, safe, trauma-informed, and resilient community, SCAN staff organized and facilitated a GRTICN workgroup to discuss available resources and strategies to support families and children, clients, and staff. The workgroup met twice to share available resources and engage in conversation, including strategies for supporting children and talking with them about immigration enforcement in their community, and SCAN staff created a shared folder with information for all GRTICN member organizations to access.

GRTICN Resources

This fiscal year, SCAN staff updated the [GRTICN logo](#) and developed a [new GRTICN one-pager](#). The logo is available in rectangular and circular versions in full color and black and white. The one-pager includes information about the GRTICN and answers questions about TICNs in general. These resources were developed to help members better spread the word about the TICN within their organizations and communities, increasing GRTICN recognition and visibility.

This fiscal year, SCAN staff created a shared folder for GRTICN Committee Chairs, where they can upload and store resources for their committees, as well as access and download resources. Resources include a Guide for Committee Chairs, templates for committee meeting agendas and minutes, copies of the GRTICN logos, and the GRTICN one-pager. A meeting of the Committee Chairs was held in January and included a walk-through of the folder and resources, which were developed to support Committee Chairs and maintain consistency and improve evaluation within the GRTICN.

GRTICN Surveys

The GRTICN annual informational survey was shared in meetings and eNotes in June and July 2026. **36 individuals** responded to the survey, 16 more responses than last year. In response to the question of what impact participating in the GRTICN had on members' professional and/or personal lives, three themes emerged: increased knowledge and understanding of community resources; feelings of connection and community; and deepening awareness of trauma-informed principles and what those look like in practice, impacting how folks interact not just in their professional roles but with family and friends. [View full results from the informational survey](#).

The GRTICN annual member agency survey was shared in eNotes and meetings in September and October 2025. **33 individuals** (more than twice last year's number of responses) **representing 15 agencies and 15 sectors** in the Greater Richmond region responded to the survey. [View results from the member agency survey](#).

VA TICNs

The GRTICN Outcomes Committee Chair serves as the VA TICNs Coordinator and provides technical assistance and support to the **24 trauma-informed community networks** in Virginia. This fiscal year, individuals in Cumberland County expressed interest in building a new TICN in that area, and the VA TICNs Coordinator began consulting with them to support that process. The VA TICNs Coordinator convened **6 statewide VA TICNs meetings** this fiscal year with an average of **20 attendees**, including TICN leaders, state partners, and other stakeholders. Meetings included updates from VDSS Office of Trauma and Resilience Policy, FACT, Voices for Virginia's Children, DBHDS, and TICN Coordinators; and featured presentations from Campaign for Trauma-Informed Practice and Policy, Virginia HEALS, Resilient Virginia, VCU Partnership for People with Disabilities, GRTICN Outcomes Committee, and The Change Campaign. The VA TICNs Coordinator also hosts meetings specifically for TICN coordinators to connect with one

another and discuss their experiences, strategies, and needs. **5 VA TICNs Coordinators Calls** were held this fiscal year with an average of **8 attendees**.

After 2024's in-depth assessment and re-evaluation of the TICNs, the 2025 VA TICNs survey was kept brief with 5 informational questions and 3 optional reflection questions. 12 coordinators completed the survey, 6 responded via email, and 6 provided info via meeting share-outs or their TICN listserv; only 2 did not provide info. This year's VA TICNs report focused on highlighting successes and accomplishments from the TICNs. [View the 2025 VA TICNs Highlights](#).

This fiscal year, the VA TICNs Coordinator developed a one-pager template for TICNs to use to help share information about their networks with their communities and included the Greater Richmond TICN's as an example, with language that can be used for any TICN; and a [TICN Meeting Guide](#), which had been requested by coordinators, and includes ideas and strategies for planning and facilitating TICN meetings. These resources are available in a shared online folder created and maintained by SCAN for TICN coordinators to add and access resources, including examples of meeting minutes and slides.

SCAN staff distributed the [VA TICNs eNote](#) on a monthly basis to **213** subscribers. The eNote includes information and resources related to building and sustaining coalitions and trauma-informed communities; diversity, equity, inclusion and justice; policy advocacy; funding; trainings and events; network news; and more.

In June, the VA TICNs Coordinator gave a presentation about the VA TICNs to the International Transformational Resilience Coalition (ITRC) Steering Committee, which is focused on prevention of trauma related to the impacts of the climate crisis, including the development of community resilience networks.

eNotes & Member Agency Spotlights

Monthly GRTICN eNotes were sent to **449 people** throughout the year. The eNotes contain network updates, events, and resources. This fiscal year, the GRTICN Outcomes Committee produced **6 member agency spotlights** that were shared in the eNotes; these highlighted different member agencies of the GRTICN and asked them to share how their participation in the TICN had impacted their work and ways in which their organizations incorporate trauma-informed practices and policies. These agencies included Thrive Birth to Five, Hanover Safe Place, Virginia Mental Health Access Program, Family Lifeline, REAL LIFE, and Legal Aid Justice Center.

GRTICN COMMITTEE PROGRESS:

Community Resilience Committee – The Community Resilience Committee continued to strengthen community connections by creating welcoming spaces where individuals and families could build relationships, access resources, and increase resilience. A major highlight of the year was the continued growth of Community Chat & Chew, which expanded through a new partnership with the VCU Health Hub. This collaboration increased access to health, wellness, and community resources while creating opportunities for meaningful conversations that reduce isolation and strengthen protective factors. The committee also established a new partnership with Coventry Gardens, creating additional opportunities for outreach and community collaboration. The 4th Annual Community Resilience Block Party, held in partnership with Coventry Gardens and Feed More, brought together more than 70 community members and connected families with resources in real time through partnerships with Greater Richmond SCAN, PlanRVA, VCU, Feed More, Richmond Police Department, Atron Foundation, Preferred Choice Driving Academy, Arie's Icees, and other community organizations. Throughout the year, Community Chat &

Chew and community outreach events served as ongoing listening sessions, allowing the committee to identify community needs, build authentic relationships, and connect families with valuable resources. Guided by an "It Takes a Village" approach, the committee continued strengthening partnerships that promote resilience, belonging, and community well-being.

Early Childhood Committee – The Early Childhood Committee has continued to focus on the development of a trauma-focused toolkit for professionals working directly with families and young children to pull from as needed, that are easily read and culturally responsive, as well as keeping informed of what services are currently being provided to the early childhood population by members sharing updates. Members identified that there does not seem to be a specific location to list what is available to childcare centers and preschools to support children with behavioral concerns at different levels, such as training versus in-person support. The committee is planning to look more into this as a goal to explore what is available and who might help with this information. Towards the end of the fiscal year, the committee began focusing on how to re-engage members and draw in new members. The Co-Chair accepted a new position as Clinical Coordinator of Circle Preschool with Greater Richmond SCAN and the time of meetings needed to be shifted due to work responsibilities. The committee also decided to try switching to a different day after completing a survey to identify a better day for committee members to increase attendance.

Healthcare Committee – The Healthcare Committee held five meetings during FY 2025–2026, continuing its development as a learning collaborative for healthcare and community partners to share strategies, challenges, and resources related to trauma-informed care. The committee's annual goals were to expand membership across healthcare sectors and strengthen opportunities for learning, networking, and collaboration. Four individuals attended the September meeting, which included a presentation from the Virginia Telemental Health Initiative (VTMHI) on increasing access to behavioral health services through free and reduced-fee clinics. Members also reviewed the previous year's survey results and reinforced the value of maintaining space for networking, collaboration, and resource sharing. Seven individuals attended the November meeting, which focused on trauma screening practices in healthcare. Members discussed the CYW ACEs screening tool, barriers to routine trauma screening, and opportunities to shift toward a more prevention-oriented approach in pediatric settings, including supporting responsive caregiving and introducing prevention strategies early in a child's life. Nine individuals attended the January meeting, which continued the conversation about trauma screening and explored integrated behavioral health within pediatric practice. The group considered opportunities for multidisciplinary, trauma-informed work in the Richmond region, education for pediatric providers, and community mapping using the ACEs Aware 7 Stress Busters framework. Four individuals attended the March meeting, when the committee further developed the community mapping concept. Members discussed gaps in existing resource guides, the importance of reducing silos, and how organizing resources around the 7 Stress Busters could both connect people to services and educate families and providers about strategies that buffer toxic stress and support trauma recovery. The group also explored an interactive webpage and opportunities to engage VCU students in its development. The June meeting had eight individuals in attendance and culminated in a presentation and discussion of the Richmond Resilience Resource Map. The proposed project would create an accessible, user-friendly, interactive map connecting families and providers with a curated set of Richmond-area resources organized around evidence-based resilience-building domains adapted from the ACEs Aware Stress Busters framework. The project is intended to help bridge the gap between trauma screening, referral, and community support while also providing education about mitigating toxic stress and building resilience. Members discussed accessibility, language access, sustainability, keeping information current, and opportunities to partner with the VCU da Vinci Center using a human-centered design process that includes input from providers and families. Overall, the Healthcare Committee's work this year evolved from learning and discussion around trauma screening and prevention toward identifying a concrete opportunity for cross-sector collaboration. The Richmond Resilience Resource Map will become the committee's primary project for FY 2026–2027, with next

steps including partnership with the VCU da Vinci Center, engagement of providers and families in the design process, and development of a sustainable, accessible resource for the Richmond region.

Legal and Courts Committee – LC Committee meetings began with time for connection and space to share updates. At the beginning of the fiscal year, three committee members retired and all sent messages of appreciation for their time with the group. These committee members were active participants and shared their expertise related to their professional experience in trauma-focused treatment, juvenile justice, and social work within the Public Defender’s Office. LC Committee members devoted time within meetings to discuss onboarding of those interested in joining the LC Committee. Ideas were shared about this process and included starting with a meeting with Committee Co-chairs who would provide background information about the Committee, review of meeting minutes from recent meetings, and learning about past accomplishments and current goals. Members also discussed how we define members of the committee – and what defines an “active” member. This prompted an action item for the Co-Chairs to check in with those on the email list that haven’t been actively participating to see if there is still interest in membership and then update the committee member list. This action item was completed with the majority requesting to remain on the email list. Committee members reviewed annual goals and suggested inviting a trainer/speaker to focus on wellness, including offerings for films (e.g., Walk with Me, Resilience) and to break down the annual goals into objectives and develop action items. Members were also interested in exploring the option of facilitating trauma-informed agency assessments again. One LC Committee member shared about a Behavioral Health Collaborative that convenes within the Henrico Juvenile and Domestic Relations Court and is focused on trauma-informed approaches for court involved youth. All members agreed to explore the idea for the court trauma assessment to leaders in the Behavioral Health Collaborative. The February meeting began with a guided wellness practice with Marisa Gitchel with Leeward Consulting LLC. She spoke about the meaning of the name of her consulting business and included reflections within her guided wellness practice for us to think about things that are Windward in our work lives. Examples for this were things that are stormy, cloudy, exposed to elements, draining and heavy. She then asked about things that are Leeward in our lives. Examples – sheltered, safe, supported, sustainable. Committee members discussed their thoughts regarding leeward and windward things that are work related. Committee members shared resources and training opportunities within meetings. Members talked about agency AI policies, leadership coaching, staff development and trainings provided by one of the LC Committee members. Members also discussed challenges that are present for many agency leaders where there is a high demand on providing support for staff members and navigating staffing transitions. One of the LC Committee Co-Chairs suggested having Margo Tacey, Upstream Therapy & Consulting, share a presentation that was provided for a GRTICN all-member meeting. Margo joined the last meeting of FY 25-26 and presented on Reflective Leadership: Identity and Blind Spots.

Outcomes Committee – The Outcomes Committee held five meetings this fiscal year after deciding in the December meeting to return to a bi-monthly meeting cadence. A new member joined this year from Legal Aid Justice Center, and the committee continues to have consistent engagement from FACT, VHBG, and United Way. This year, the Outcomes Committee completed the GRTICN Community Resource Guide, which involved compiling resources from the GRTICN Community Resource Mapping event along with GRTICN member agencies into a PDF document organized by sector. Committee members discussed how to organize the guide during meetings and via email, and the finished guide was shared via GRTICN eNote and in GRTICN meetings beginning in February 2026. The committee continued refining the GRTICN member agency and informational surveys and compiled results to share with GRTICN leadership and members. The committee also continued measuring impact through GRTICN Member Agency Spotlights shared in the GRTICN eNote; this year highlighted Thrive Birth to Five, Hanover Safe Place, Virginia Mental Health Access Program, Family Lifeline, REAL LIFE, and Legal Aid Justice Center. The committee continued discussions around evaluating membership within the TICN, adding committee participation to the criteria considered to be an engaged agency within the network. The committee also

discussed additional ways to measure impact, such as documenting the activities and history of a TICN and tracking trauma-informed policy change at the local and state level, and agreed to continue these discussions into FY26-27.

Prevention & Awareness Committee – The Prevention & Awareness Committee continued its mission of empowering parents, caregivers, and professionals through education, collaboration, and community engagement. Guided by an "It Takes a Village" approach, the committee provided educational presentations during meetings on topics including bullying prevention, school readiness, child development, and child safety, equipping members with practical tools they could apply in their professional roles, families, and communities. During Child Abuse Prevention Month, the committee launched the "Let's Go Back and Play" Playground Tour, promoting the benefits of child-led, play-based experiences while raising awareness of the importance of reducing screen time and increasing Positive Childhood Experiences (PCEs). The committee also introduced a more interactive approach to community outreach by transforming traditional tabling events into engaging conversations and mini-workshops that encouraged meaningful dialogue and parent education. Throughout the year, the committee strengthened community partnerships and received letters of support from partner organizations recognizing the impact of SCAN's collaborative efforts in family engagement, parenting education, and community outreach. These partnerships reinforced the committee's commitment to increasing awareness, strengthening protective factors, and equipping families with practical tools that promote safe, stable, and nurturing environments for children.

Schools Committee – The Schools Committee was on hiatus this fiscal year. SCAN staff will continue to leave the committee open to new leadership in the future.

GRTICN MEETINGS:

The GRTICN held **6 meetings** this fiscal year: **August 8** in person with **21 members** in attendance; **October 10** in person with **22 members** in attendance; **December 12** in person with **23 members** in attendance; **February 13** in person with **21 members** in attendance; **April 10** on Zoom with **31 members** in attendance; and **June 12** in person with **19 members** in attendance.

The August 8 meeting featured a panel discussion led by SCAN's Community Engagement Specialist with graduates from the Finding Me Beyond Trauma program. [View minutes from the August meeting](#). The October 10 meeting included a presentation from United Way of Petersburg and Greater Richmond about the ALICE framework and a trauma-informed spotlight from Hanover Safe Place. [View minutes from the October meeting](#). The December 12 meeting included a presentation from Dr. Anna McKinsey about multidisciplinary models to support trauma-informed care in health systems, as well as a post-presentation group discussion. [View minutes from the December meeting](#).

The February 13 meeting featured a presentation from Upstream Therapy and Consulting on Reflective Leadership and presentations about the GRTICN Community Resource Guide and Resilience Week Virginia 2026. [View minutes from the February meeting](#). The April 10 meeting featured presentations from ReEstablish Richmond and VCU Partnership for People with Disabilities. [View minutes from the April meeting](#). The June 12 meeting featured a presentation from Better2gether and a Pride Month Spotlight with He She Ze and We. [View minutes from the June meeting](#).

Meetings also included an opening review of the GRTICN mission to help ground participants, and meetings typically ended with a Network Roundtable for member announcements and a post-meeting survey for attendees to share feedback and ideas for future meetings.

GRTICN GOALS FOR FY 26-27:

1. Continue to provide a comprehensive training program to support community members, service providers and organizations in implementing and sustaining trauma-informed and healing-centered practices across our region. Regularly elicit feedback from network members regarding organizational and community needs and incorporate into the GRTICN backbone agency's (Greater Richmond SCAN) public training offerings.
2. Recruit new members from diverse sectors and communities across the region and explore new strategies for enhancing engagement of current members.
3. Continue the community resource mapping project with GRTICN members to better understand current resources in the Greater Richmond area, identify service gaps and provide space for new organizational collaboration and partnership to grow.
4. Explore strategies to engage the network in policy advocacy. Revisit the network's past work through the Policy Committee and engage potential partners with policy expertise to help support these efforts.

COMMITTEE GOALS FOR FY 26-27:

Community Resilience Committee:

- Grow our community presence by expanding Community Chat & Chew as the committee's signature outreach initiative to strengthen relationships, increase participation, and connect families with resources.
- Grow our network and impact by increasing committee membership and strengthening partnerships with organizations committed to resilience, prevention, and community well-being.

Early Childhood Committee:

- Advocate for families with young children.
- Assist families with young children in accessing services.
- Create a trauma-focused toolkit for professionals working directly with families and young children to pull from as needed, that are easily read and culturally responsive.

Healthcare Committee:

- Pursue development of the **Richmond Resilience Resource Map**, an accessible, user-friendly tool built around the ACEs Aware 7 Stress Busters framework to connect families and providers with local resources that promote healing from trauma, mitigate toxic stress, and build resilience.

Legal and Courts Committee:

- Develop committee membership guidelines to include onboarding, membership level, expectations, transition of membership within agency and succession plan.
- Provide training and discussion opportunities during Legal and Courts Committee meetings on topics identified by committee members (e.g., leadership challenges, support of staff, navigating stressors presenting for staff and clients).
- Pilot use of access point for all LC Committee members to connect and share resources.
- Discuss strategies for sustainability of trauma-informed practice within agencies based on past involvement.

Outcomes Committee:

- Continue to measure internal effectiveness of the TICN through member surveys and meeting surveys.

- Collect stories from TICN members about how they have been impacted on a professional or personal level/how they have changed their professional or personal practice as a result of their involvement in the TICN.
- Explore how to utilize data from annual and meeting surveys to assess the reach and impact of the TICN and how to develop resources to communicate impact.
- Explore additional ways to measure and communicate the impact of the TICN.
- Share stories and data with potential funders, TICN members, policy makers, and community members in order to highlight the impact of the TICN and demonstrate how members can apply their knowledge into practice.

Prevention and Awareness Committee:

- Expand parent and caregiver education by providing evidence-based programming focused on child safety, conflict resolution, communication, protective factors, and Positive Childhood Experiences (PCEs).
- Increase community awareness of child safety and primary prevention by strengthening outreach efforts, building strategic partnerships, and creating innovative opportunities to engage parents and caregivers through workshops, community conversations, and prevention-focused events.