

2025 Highlights



VIRGINIA'S TRAUMA-INFORMED COMMUNITY NETWORKS

Bedford Minds Together

Implemented a community-wide survey to assess community trauma and mental health needs.

Caroline Virginia Community Resilience Network

Regularly met as a network and continued to build collaborations and relationships.

Community Partners of the Eastern Shore

Hosted a Gaming and Gambling Awareness Event in partnership with the ECSB, focusing on the impacts of gaming on our community youth.

Fairfax County TICN

Completed online modules for Trauma Informed and Healing Centered Family Engagement Training, made possible through the generous support of the Virginia Department of Social Services Office of Trauma and Resilience Policy, and the amazing partnership of local organization Formed Families Forward. Joint working groups completed new documents available on our website: (1) Policy Review Toolkit: A Framework to Assess and Integrate Trauma-Informed Care, Equity and Family Engagement Into Your Policies and (2) Framework to Support Workforce Wellness: Managing the Impact of Stress and Normalizing Trauma Responses.

Greater Charlottesville TICN

Celebrated Resilience Week with a community event. Began working to coordinate with VCRN to increase access following traumatic events in our community.

Greater Richmond TICN

Hosted a Community Resource Mapping Event and Community Resilience Block Party, and launched new Early Childhood Committee.

Hampton Roads TICN

Hosted the First Annual Hope and Healing Conference.

New River Valley Resiliency Network

Engaged in ongoing work with neuroscience students at Virginia Tech to revise slides and add information for trainers.

Peninsula TICN

Held Pathways to Wellness Summit in partnership with faith-based organization Crusading Outreach Ministry. Received positive feedback from the one-day summit and requests for more engagement beyond the summit, so began building a Pathways to Wellness initiative.

RAISE (Resilience Alexandria: Inform. Support. Elevate.)

Offered regular trainings for ACES, QPR, YMHFA, and Developmental Assets

Resilient Rappahannock

Provided ACES training in the community and accomplished two sessions of Book Clubs. The first book choice was *What Happened to You* by Oprah Winfrey and Dr. Perry (a 5-week group) and the second was *Talking to Strangers* by Malcolm Gladwell (a 4-week group).

Roanoke Valley TICN

Continued to work to educate the first- and third-year medical students at the Virginia Tech Carilion School of Medicine on Trauma Basics. This is our third year of the partnership.

Southside TICN

Held a community screening of *PUSHOUT: The Criminalization of Black Girls in Schools* at Elnora Jarrell Worship Center in Emporia that included dinner and community vendors before the screening and a guided discussion afterwards.

Southwest Virginia TICN

Focused on school-based work, implementing trauma-sensitive practices through the Community Schools model by guiding almost 30 schools in SW region through that process, which includes showcasing trauma-sensitive practices to bring family voice and choice and community partners to the table.

Trauma Awareness and Resilience Partners

Co-hosted summits with local CSB.

Triumph Over Trauma: Northern Shenandoah Valley Resiliency Initiative

Held 2nd Annual Triumph Over Trauma Summit at Laurel Ridge Community College in Middletown focused on a whole community approach.

West Piedmont Trauma & Resiliency Network

Held 2nd Annual Trauma and Resiliency Conference with 175 participants and speakers from across the country.