

GREATER RICHMOND
TRAUMA-INFORMED COMMUNITY NETWORK

The Greater Richmond Trauma-Informed Community Network (GRTICN) was formed in the fall of 2012 and is currently comprised of over 400 individuals representing diverse sectors and community groups throughout the Greater Richmond region.

MISSION:

To build a more equitable, safe, trauma-informed, and resilient community by informing, supporting, and elevating the Greater Richmond (VA) region. GRTICN's mission is driven by the following priorities: preventing and mitigating the impact of Adverse Childhood Experiences (ACEs); advancing trauma-informed practice and policies; and advocating for trauma-informed system change.

COMMITTEES:

The GRTICN currently has seven committees: Community Resilience; Early Childhood; Healthcare; Legal and Courts; Outcomes; Prevention and Awareness; and Schools. Committees meet on a regular basis and may function as a learning collaborative or develop goals and action items similar to a work group. Committees are open to all members.

WE BELIEVE IN:

A Whole-Community Approach: We consider environmental, cultural, and societal factors in order to serve all community members with compassion, humility, and respect.

A Trauma-informed Lens: We cultivate emotional, psychological, and physical safety for all community members through education, advocacy, and support.

Social Justice & Equity: We celebrate difference, acknowledge racism and other forms of systemic and historical oppression, and operate through an equity lens.

Inclusive Membership: We foster diversity and inclusion as we co-create a network that is inviting and safe for everyone and where everyone's voice can be heard.

Cross-Sector Collaboration: We honor partnerships and collaborations with community members and organizations across all systems and sectors.

Growth & Innovation: We strive to identify and remain adaptive to the needs of the community.

INTERESTED IN LEARNING MORE OR JOINING THE NETWORK?

Visit **grscan.com/greater-richmond-ticn** to register for our next orientation, read in-depth annual reports, and more. Or reach out to GRTICN Coordinator Lucy Rimington at Irimington@grscan.com.

WHAT IS A TICN?

A TICN is a coalition focused on creating a more trauma-informed culture through building resilience and preventing and mitigating the impact of trauma in their communities by encouraging cross-sector collaboration, centering community voices, and incorporating trauma-informed principles into the foundation of all they do. TICNs are a community-level prevention strategy for all four realms of ACEs.

WHAT DO TICNS DO?

- Provide education, information, resources, and tools, as well as opportunities for connection and collaboration that help to support individuals, families, organizations, and community groups
- Utilize a cross-sector approach that encourages collaboration and connection
- Address the root cause of the social issues impacting our communities
- Help build and strengthen the foundations, systems, and relationships needed to prevent trauma, prepare communities for trauma response, support communities during trauma, and help communities rebuild in the wake of trauma, all while cultivating resilience and healing

There are TICNs all throughout Virginia! Learn about the VA TICNs at grscan.com/va-ticns

BENEFITS OF JOINING THE GRTICN:

- Attend bi-monthly meetings with presentations on a variety of topics and opportunities for sharing and networking
- · Receive monthly eNote with resources, events, and network updates
- Participate in projects and events that address the mission of the GRTICN
- Provide your input and feedback to help shape the network
- Learn to incorporate trauma-informed practice within your home, workplace, and community

Be a part of collective action to help our communities thrive!

A FEW HIGHLIGHTS FROM THE GRTICN:

- The GRTICN trained over 10,000 individuals in Introduction to Trauma and Resilience and screened the documentary Resilience for more than 6,000 community members. The GRTICN's backbone agency, Greater Richmond SCAN, continues to provide these offerings and expanded trainings and screenings for free to the community.
- GRTICN members led efforts to embed trauma-informed practices and policies in Richmond City and Henrico County Public Schools.
- The GRTICN, in collaboration with other TICNs in Virginia, created Resilience Week Virginia, an annual celebration occurring during the first week of May every year since 2020 that includes a proclamation from the Governor.
- GRTICN members worked closely with the Richmond City Health District to embed traumainformed practices into the region's health systems.
- The GRTICN's Community Resilience Committee hosts an annual Community Resilience Block Party, providing resources, food, music, and activities for community members to help cultivate healing and build community resilience.

Learn more by visiting our website! grscan.com/greater-richmond-ticn