



RESILIENCE WEEK

CPR & Basic Life Support (BLS) Training

with the Crater Health District

Learn life-saving skills that are essential for everyone—no prior experience needed!



VDH VIRGINIA
DEPARTMENT
OF HEALTH

WHAT YOU'LL LEARN:

How to recognize life-threatening emergencies and the importance of teamwork and rapid response through first-aid basics, chest compressions, rescue breaths, and AED use.

Upon completion of all course requirements, participants will receive a Course Completion Card, valid for two years to perform CPR on Adults, Children, and Infants.



WHEN AND WHERE?



Petersburg Public Library
Multipurpose Room
Monday, May 5th
1:00pm to 4:00pm



Surry Public Library
Thursday, May 8th
1:00pm to 4:00pm



Hopewell Public Library
HMA Room
Wednesday, May 7th
1:00pm to 4:00pm



SCAN
ME

Register for
FREE today!



For questions, please contact Steven Herring:
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