



VA TICNs

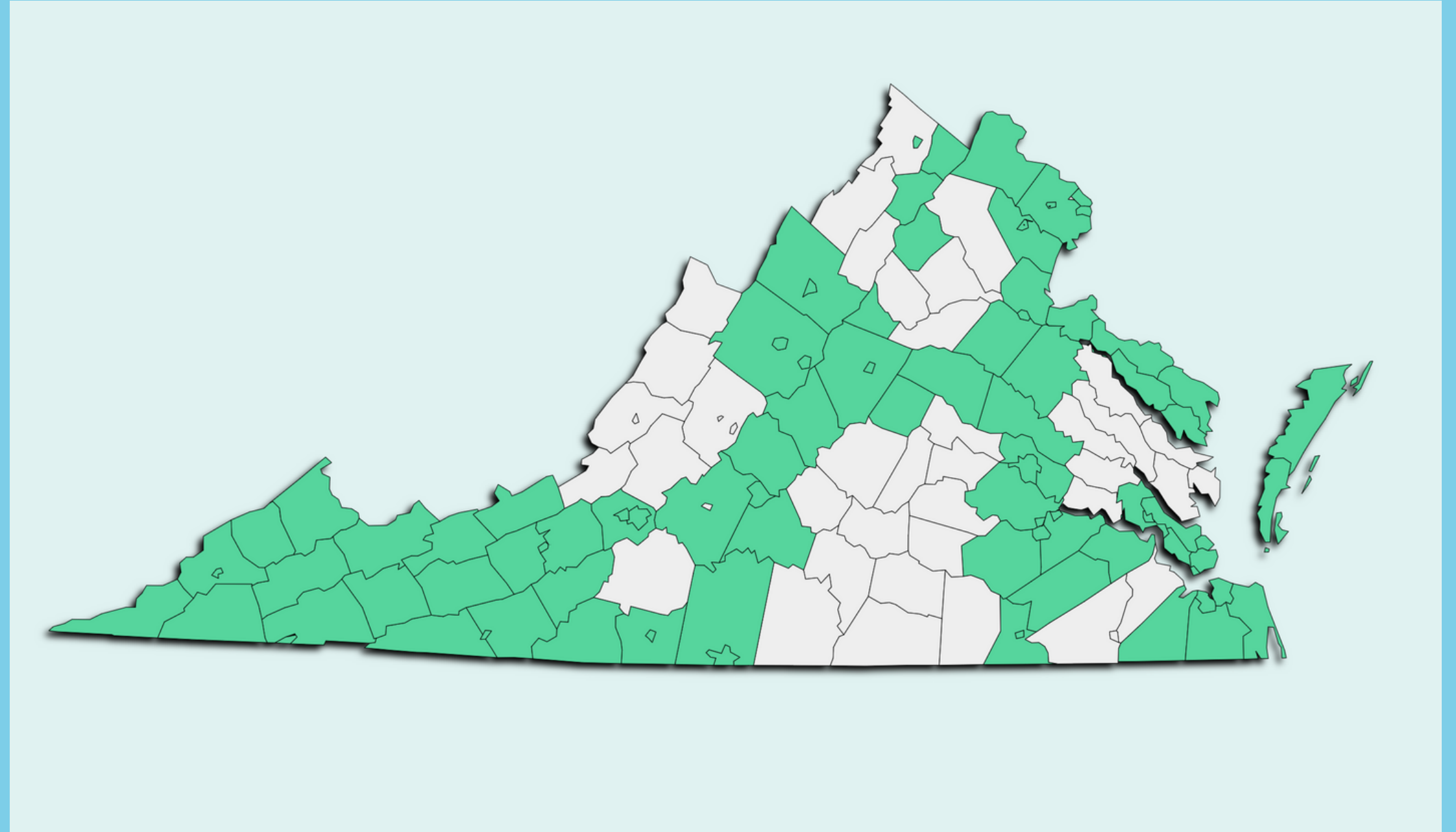
Survey

Results

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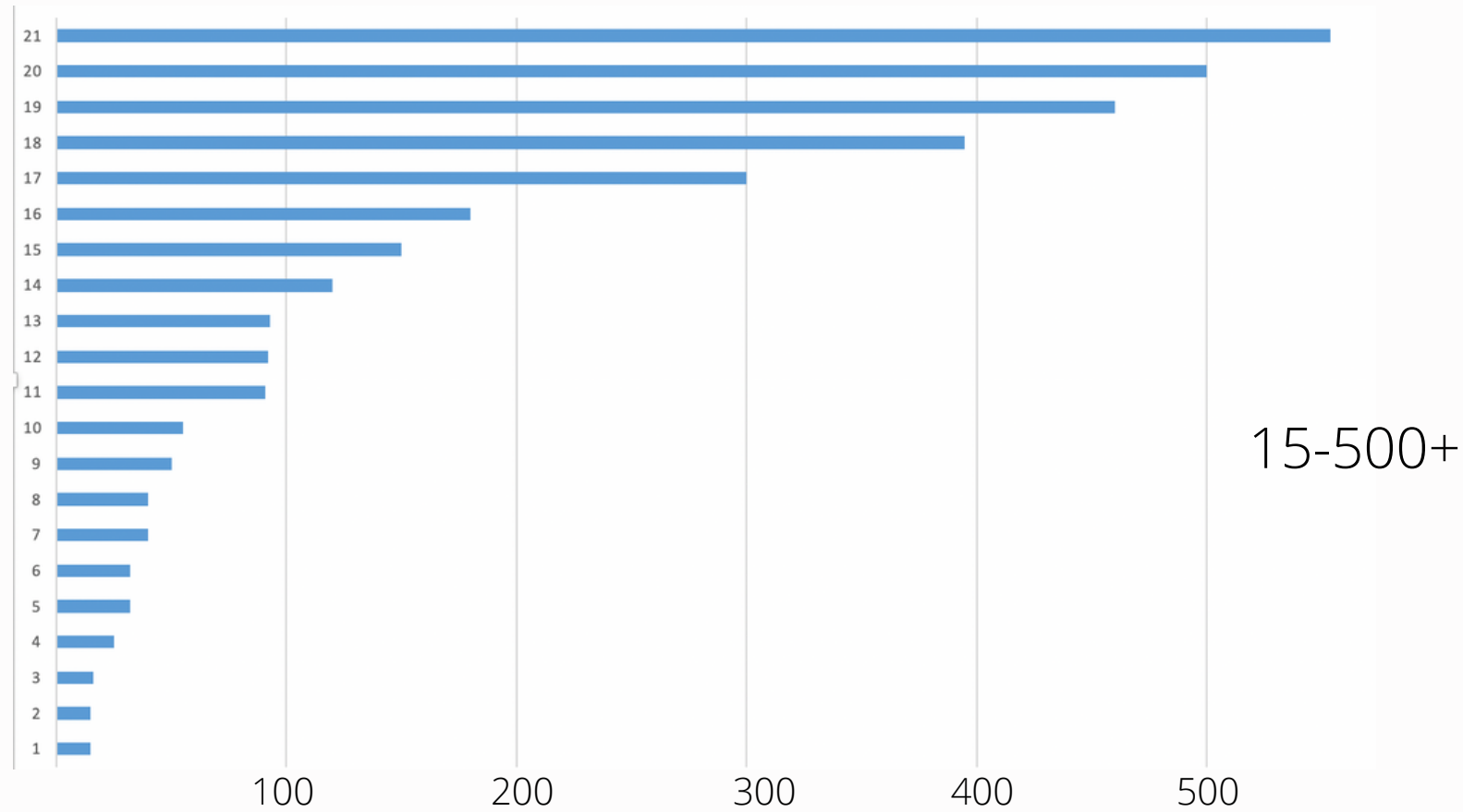
JULY 2021

Amherst County Trauma Informed Care Network
Arlington Resilience Community
Blue Ridge Resilience Network
Caroline Virginia Community Resilience Network
Community Partners of the Eastern Shore: Wellness & Recovery Advisory Council
Fairfax County Trauma Informed Community Network
Greater Charlottesville Trauma Informed Community Network
Greater Richmond Trauma Informed Community Network
Greater Williamsburg Trauma Informed Community Network
Peninsula TICN
Harrisonburg/Rockingham Community Resilience Network
Hampton Roads Trauma Informed Community Network
Loudoun County Trauma Informed Community Network
Lynchburg TICN
Northern Neck Trauma Informed Community Network
NRV Resiliency Network
RAISE (Resilience Alexandria: Inform. Support. Elevate.)
Resiliency Rising
Resilient Rappahannock
Roanoke Valley TICN
Southside Trauma Informed Community Network
Southwest Virginia Trauma Informed Community Network
Trauma Informed Community Network of Greater Prince William
West Piedmont Trauma & Resiliency Community Network

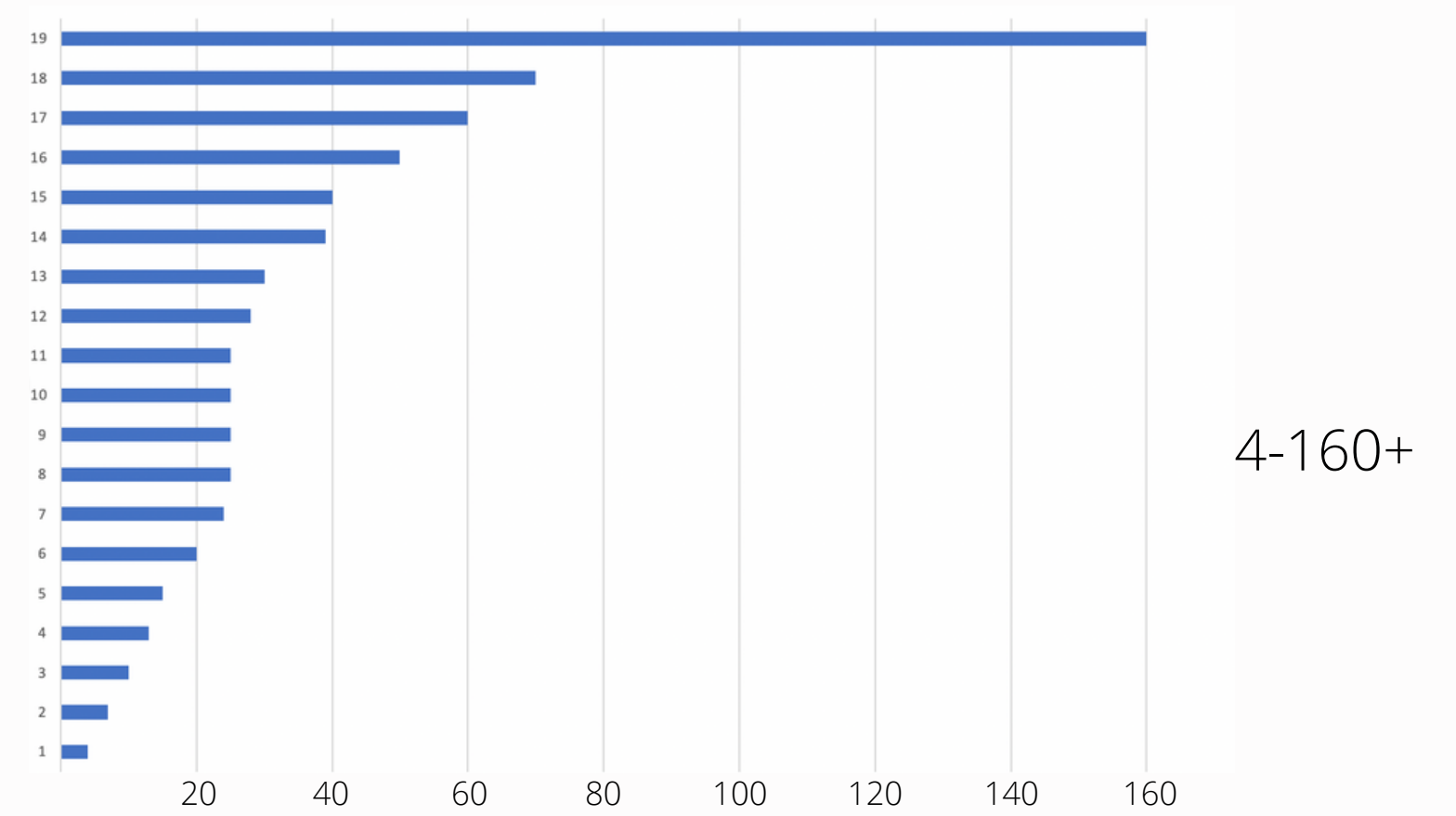


Networks by the Numbers

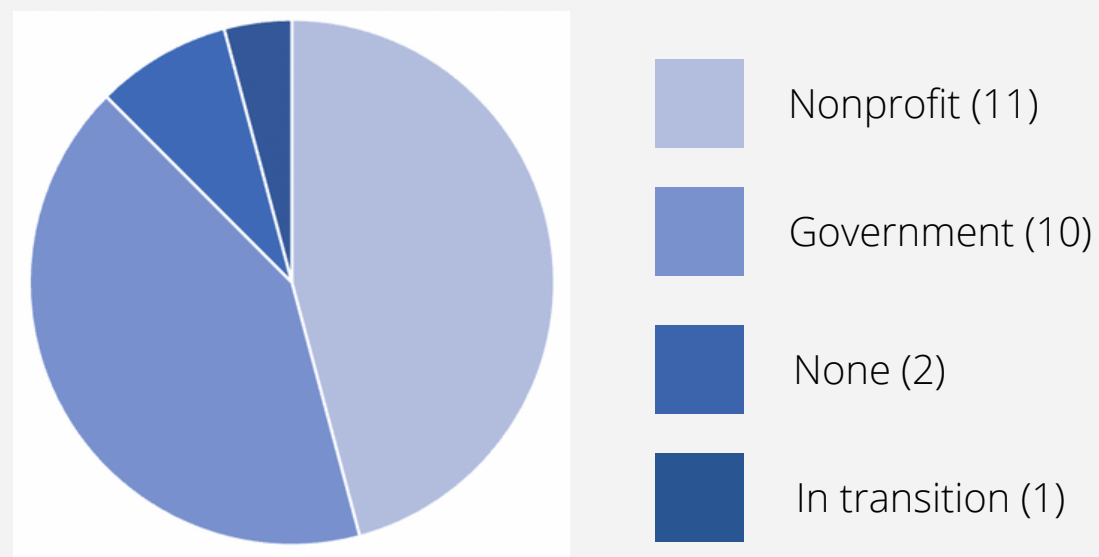
How many individuals are in your network?



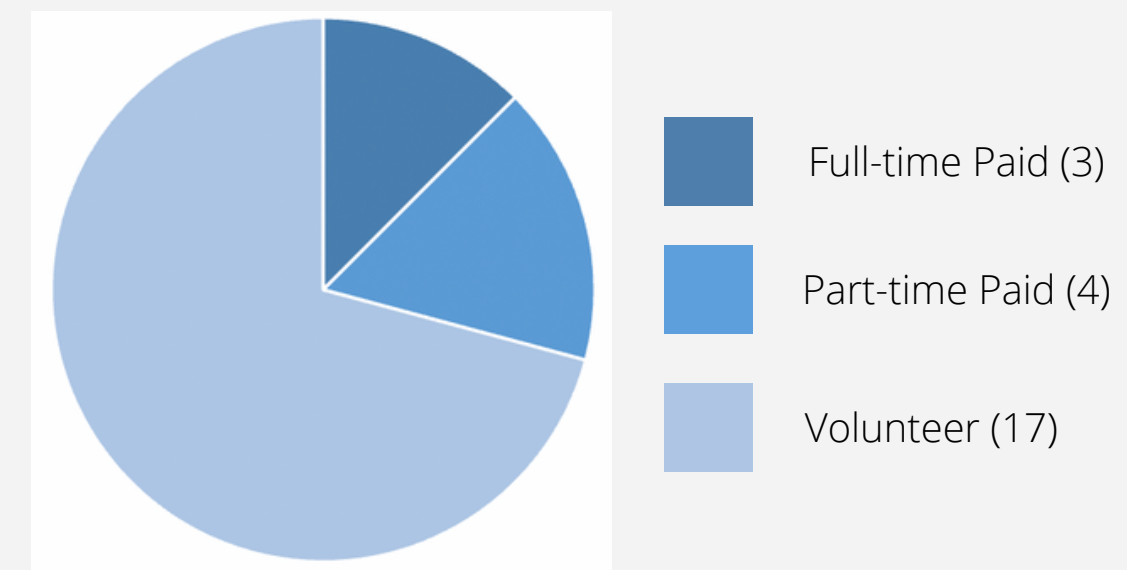
How many organizations/agencies are in your network?



Backbone Agencies



Coordinators



Coordination and Funding



13 networks receive funding via:

- government grants
- local health foundations and other local funders
- partnerships with network member agencies
- backbone agency general funds

Examples: FACT; Virginia Department of Behavioral Health and Developmental Services; Virginia Department of Housing and Community Development; Community Services Boards; Partners in Prevention Fund; United Way

How are networks coordinated/managed without a paid coordinator?

For some, the work of coordinating the network included as part of their paid job within the backbone agency as the work aligns, but also many volunteer hours

Network Structures & Meetings

GENERAL MEETINGS

- bi-monthly, monthly, quarterly
- some have standing meetings (eg; the 4th Tuesday of every month at 10:00-12:00)

ADDITIONAL STRUCTURES

- Subgroups (eg: Integrated Health Collaborative; Coalition for Trauma-Informed Housing & Homeless Services; ACE Interface Presenters Learning Community)
- Stakeholders meet regularly through variety of other councils, task forces, and teams, including evidence-based practice team, LGBTQ task force, opioid task force, suicide task force, and resource council

COMMITTEES

Awareness
Brief Screening Tool
Communications
Community Resilience
Data/Outcomes
Education and Childcare
Equity
Executive
Funding/Resources
Governance
Healthcare
Legal/Courts
Marketing
Policy
Program
Racial Trauma
Schools
Steering*
Training
Workforce Development

*may include chairs of other committees

Communications



ALL NETWORKS USE EITHER EMAIL,
SOCIAL MEDIA, OR NEWSLETTERS -
OR A COMBINATION



ADDITIONAL IDEAS

orientations, meet and greets, summits,
network anniversary celebrations, wellness
circles, learning cohorts, film screenings,
trainings, workshops
attending meetings for other coalitions to help
spread the word about the network and connect



11 NETWORKS HAVE WEBSITES

view the list on the [VA TICNs webpage](#)

Vision & Mission Statements

18 NETWORKS
INDICATED HAVING
A VISION AND/OR
MISSION
STATEMENT

RANGE FROM BRIEF
STATEMENTS OF A
FEW SENTENCES
TO LONG, DETAILED
INTENTIONS



THEMES

- Build awareness of the impacts of trauma on health and well-being
- Prevent, heal and mitigate the long-term impacts of ACEs
- Create trauma-responsive circles of support to empower those impacted by trauma
- Mobilize action within organizations and communities to sustain trauma-informed care for all
- Promote and enhance individual and community resilience
- Cultivate cross-sector communities of connection, safety and belonging
- Advocate for trauma-informed and equitable systemic and policy change

Strategic Plans

9 NETWORKS HAVE A
STRATEGIC PLAN OR ARE IN
THE PROCESS OF
UPDATING THEIR PLAN

6 NETWORKS ARE IN THE
PROCESS OF CREATING A
STRATEGIC PLAN

Network coordinators and state partners met on June 21 to discuss strategic planning processes, successes, lessons learned, and resources.

[View a PDF of the meeting minutes](#)

[View a PDF of resources shared](#)

Outcomes

- # of trainings and events
- # of individuals reached through trainings and events
- efficacy of trainings
- # of individuals receiving communications (newsletters, etc.)
- knowledge/awareness around trauma and resilience before and after trainings and events
- behavioral change after trainings and events
- community feedback about trainings and events
- equity in decision making
- trauma-informed organizational changes (environment, policies, practices, etc.)

10 NETWORKS ARE CURRENTLY TRACKING OUTCOMES

QUANTITATIVE (PERCENTAGES, ETC.) AND QUALITATIVE (STORIES, FEEDBACK) EQUALLY IMPORTANT

Goals & Initiatives

INCREASING COMMUNITY AND MEMBER
ENGAGEMENT

BUILDING COMMUNITY AWARENESS
AROUND THE TOPICS OF TRAUMA AND
RESILIENCE

CREATING A SHARED LANGUAGE IN THE
REGION

CENTERING EQUITY

INCREASING CAPACITY WITHIN
ORGANIZATIONS TO BE MORE
TRAUMA-INFORMED

PROVIDING MORE TRAININGS

CREATING/REFINING STRATEGIC
PLANS

CHALLENGES & BARRIERS

- pandemic-related trauma, stress, and upheaval (including loss of in-person gatherings)
- lack of funding and staff
- leadership and membership capacity
- need for clarity/focus within a large group vision
- transitions within leadership and backbone agency
- how to engage community members and professionals outside human services
- lack of trainers

RESPONSES

- acknowledging and addressing the impacts of the pandemic
- finding creative ways to engage virtually
- strategizing actions toward inclusivity (eg: working with task forces and organizations with authentic relationships in the community)
- hosting more community-based activities and events, such as film screenings
- host train the trainer events to build trainer capacity

Challenges & Barriers

And How Networks are Responding

Accomplishments & Highlights

- Resilience Week VA: Diverse programming, community stories, social media engagement, dynamic presentations
- Participation in Racial Truth & Reconciliation Week VA
- The RAISE Trauma & Resiliency Summit
- Completing equity assessments
- Developing and sharing trauma-informed resources to address COVID-19
- Being awarded funding from FACT to provide direct assistance to families in need through the network
- Staying connected and continuing to meet despite all the challenges of the pandemic
- Launching new trauma-informed leadership teams, all-member meetings, trainings, eNotes, and websites
- Being featured in local news
- Increasing membership
- Building a presence on social media
- Building support within different systems (schools, healthcare, etc)
- Training cohorts of ACE Interface trainers
- Creating new committees within the network
- Developing and formalizing strategic plans and MOUs

Creating Diverse & Inclusive Networks

- - ASSESSING MEMBERSHIP TO IDENTIFY GAPS (SOME COMMON SECTORS MISSING: AGING, BUSINESS, FAITH, LAW ENFORCEMENT, YOUTH)
 - MAKING DIVERSITY & INCLUSION AN EXPLICIT PART OF A NETWORK'S STRATEGIC PLAN
 - INTRODUCING DEI FRAMEWORKS TO NETWORK
- - CULTIVATING PARTNERSHIPS WITH LOCAL ORGANIZATIONS/GROUPS WHO ARE NOT YET PART OF THE NETWORK TO BUILD COALITION, COLLABORATE, AND AVOID DUPLICATING EFFORTS
 - CREATING OPPORTUNITIES FOR ENGAGEMENT OUTSIDE OF MEETINGS
 - ESTABLISHING A LIVED EXPERIENCE ADVISORY BOARD
 - ENCOURAGING OPEN COMMUNICATION AND CREATING SPACES FOR CONVERSATION

Incorporating & Prioritizing Equity

- - Elevating the voices and experiences of marginalized communities to promote healing, reconciliation and justice
 - Advancing policies that dismantle the systems that perpetuate racial trauma and inequity
 - Developing place-based strategies guided by residents
 - Collaborating with local government agencies and other organizations who are also focused on equity
 - Including education and information on racial and historical trauma and intergenerational trauma and resilience in trainings, workshops, campaigns and communications
- - Inviting speakers to general meetings to present on issues related to social justice
 - Working with Voices for Virginia's Children to complete an equity assessment, which will guide strategic planning
 - Centering race and providing clear, transparent information about the importance of centering race in resilience building
 - Promoting connectedness and coordinating resources to address social determinants of health, and collaborating to keep community members fed, healthy, housed, and free from the surveillance and criminalization of the carceral network

Feedback on VA TICNs Meetings & eNotes

- interest in more discussion about network structure & more additional focused meetings/work groups on specific topics, such as the strategic planning meeting
- helpful to hear from more established networks but can also be intimidating with a less developed network
- more sharing out on best practices, problem solving, success stories, member spotlights

Check your junk/spam folder for the eNote! Everyone who indicated they have not been receiving the eNote have been added to the listserv.

[VA TICNs eNote archive](#)

- interest in information about how the state is creating a plan to address trauma and how the governor's office is taking this information back to create an equity and wellbeing plan (as seen in NJ and PA)
- RAISE: Alexandria just adopted the [Children and Youth Master Plan 2025](#), a plan that uses the "Pair of ACEs" tree to frame our work. The plan intentionally centers trauma, aces, developmental assets, and equity.
- some regions are especially siloed and coordinators experience pushback from agencies who are unwilling to collaborate; looking for ways to work through this
- how to find champions for the network - whether that be others who could take on leadership roles in the network itself or who could lead within their fields/agencies
- interest in additional ways for networks to collaborate, support one another (following and resharing on social media, email outreach, etc)

Additional Feedback

Important Takeaways

→ Networks are diverse, in different stages of growth and responding to the unique needs of their regions. Networks share much in common as well. We can honor our differences and avoid comparison while sharing resources and strategies.

Change is constant and networks continue to adapt to meet emerging issues, individually and collectively.

Every step toward a more trauma-informed community is an important step, however large or small.

