

InStill at the Marketplace

Tuesday, May 7, 2024



InStill Mindfulness
A mindful world for all

Children's art and activities
4:00-7:00

Yoga for All Ages
with Lydia Gilmer
5:30-6:30

Bring a mat if you're able. If not, one will be provided.

Outdoors weather permitting or inside the Historic Train Depot.



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