

# Triumph Over Trauma Summit

**Trauma-responsive education and awareness  
with an emphasis on building resilience  
and turning trauma into triumph!**

## **Keynote Speaker: Dr. Adam Starks**

**Author of "Broken Child Mended Man."**

As a product of the foster care system who broke the cycle, he works to "empower audiences to uplift at-risk youth by tapping into community resources to convert youth potential into positive outcomes." Each participant will also receive a FREE copy of Dr. Starks autobiography "Broken Child, Mended Man." Dr Starks will be signing books at the summit.



**Wednesday**

**May 15, 2024**

**8:00 AM - 4:00 PM**

**Middletown Laurel Ridge  
Community College Campus**

**Corron Building  
Carl and Emily Conference Center**

**173 Skirmisher Lane  
Middletown, VA**

8:00-9:00 - Registration and Breakfast

9:00-9:15 - Introduction

9:15-10:30 - Keith Cartwright

10:30-10:45 - Break

10:45-11:45 - Chloe Edwards

11:45-12:15 - Lunch Break

12:15-1:30 - Adam Starks

1:30-2:15 - Abigail Gomez

2:15-2:30 - Break

2:30-3:30 - Kristin Lennox

3:30-4:00 - Closing and Evaluations

Registration, breakfast and lunch are FREE thanks to grant funding received by Triumph Over Trauma and our partnership with Laurel Ridge Community College and FACT (The Family and Children's Trust Fund of Virginia)

**To Register for this Free Event:**

[preventionandwellness.ticketleap.com/triump-over-trauma-summit/](https://preventionandwellness.ticketleap.com/triump-over-trauma-summit/)



**Triumph Over Trauma**  
Northern Shenandoah Valley Resiliency Initiative

**Laurel Ridge**  
COMMUNITY COLLEGE