

# *Virginias* Trauma-Informed Community Networks

Building Resilience and Cultivating Healing Virginia's Trauma-Informed Community Networks (VA TICNs) are multi-sector coalitions focused on building resilience and preventing and mitigating the impact of trauma and adversity.

### A BRIEF TIMELINE OF TICNS

#### 2014

SCAN begins providing support and technical assistance to communities across Virginia to assist with development of their own TICNs

#### 2017

SCAN begins convening semi-annual meetings of Virginia's TICNs

#### 2019

VA TICNs eNote is created and begins distribution monthly

#### 2020

VA TICNs begin meeting virtually on a bi-monthly basis; eNote shifts to weekly then bi-weekly distribution in response to COVID-19 crisis

#### 2021

Network coordinators meet with First Lady Pamela Northam on her Road to Resilience tour

#### • 2012

Greater Richmond SCAN begins a work group that forms the Greater Richmond Trauma-Informed Community Network

#### • 2017

General Assembly passes a resolution commending TICNs

#### • 2018

The Family and Children's Trust Fund (FACT) begins providing financial support for TICNs

#### **2019**

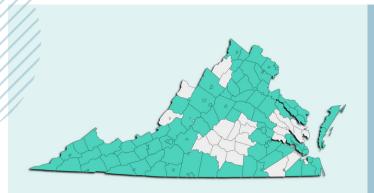
Planning begins for first annual Resilience Week Virginia

#### ●2020

First Resilience Week Virginia takes place the first week of May throughout TICNs in the state

#### - 2022

\$1 million in American Rescue Plan Act funding is allotted for Virginia's TICNs



Cities and Counties Served by a TICN in Virginia as of April 2023

**Building resilient and** trauma-informed communities is essential to improving public health and wellbeing. Communities can be places where traumatic events occur. and they can also help keep us safe. They can be a source of trauma. or buffer us against the negative effects of adversity. Communities can collectively experience trauma much like individuals do, and they can be a source of healing.

-<mark>SAMHSA (Substance Abuse and Mental Health</mark> <u>Services Administration)</u>

### **NETWORKS**

As of April 2023, 32 TICNs exist throughout Virginia. While there is <u>guidance for building</u> <u>and sustaining a TICN</u>, each network may look a bit different depending on the needs of the community. For instance, some networks may represent a single large city, while others may represent multiple rural counties. TICNs work within their regions and together with state partners to change practices, policies, and systems at the local, state, and federal levels. A network may be referred to by a different name locally.

An updated list of networks can be found on the <u>VA TICNs website</u> maintained by Greater Richmond SCAN. This list includes the network name and contact info, regions represented, website address, and backbone agency responsible for coordination and administration of the network.

## PARTNERS

TICNs are supported by state, national, and community partners who recognize the role of TICNs in the prevention and mitigation of trauma and the promotion of healing and well-being.

These include but are not limited to:

- Family & Children's Trust Fund (FACT)
- Virginia Department of Social Services
- Virginia Department of Health
- Department of Behavioral Health and Human Services
- Voices for Virginia's Children
- Families Forward
- PACEs Connection
- Campaign for Trauma-Informed Practice and Policy (CTIPP)



### VATICNs...

Led efforts for new language in the Virginia State Board of Education regulations to require trauma-informed courses for university-level K-12 teaching programs.

Facilitated the education of more than 50,000 people about ACEs science.

Provided consultation and technical assistance about the process of becoming more trauma-informed to organizations in the sectors of child welfare, law enforcement, juvenile courts, schools, and healthcare.

Participated in and led multiple summits throughout the state, included the 2019 Virginia Summit on Childhood Trauma & Resilience, hosted by Voices for Virginia's Children in partnership with SCAN, FACT, and Families Forward, with a keynote address from Dr. Nadine Burke Harris; 2019 Beyond ACES: Impact of Race, Culture, and Poverty Summit led by Virginia Department of Health's Crater Health District with support from Southside TICN; and 2021 Alexandria Trauma & Resiliency Summit hosted by RAISE (Resilient Alexandria: Inform. Support. Elevate.).

### **HIGHLIGHTS & ACCOMPLISHMENTS**

Resilience Week Virginia has been celebrated annually statewide since 2020, with Governors Northam and Youngkin recognizing Resilience Week Virginia with a proclamation each year.

Coordinators for Virginia's TICNs participated in First Lady Pamela Northam's Road to Resilience Tour in 2021, sharing their stories and highlighting their regions' strengths and needs in Community Conversations, helping to inform the incoming administration.

Greater Richmond SCAN has presented on Virginia's TICNs for national organizations Campaign for Trauma-Informed Practice and Policy and PACEs Connection. SCAN also represents VA TICNs in PACEs Connection's Cooperative of Communities, a learning collaborative composed of trauma-informed coalitions throughout the United States, including California, North Carolina, Tennessee, and West Virginia.

The first annual Building Resilient Communities Conference was held virtually 2022. The free conference was a celebration of Virginia's TICNs, featuring workshops led by network members on topics related to trauma-informed and resilient communities; responding to the needs of diverse groups; and trauma-responsive organizations and systems. Over 300 people registered from throughout the United States.

### WAYS YOU CAN GET INVOLVED



View the VA TICNs website and browse the list of networks, or explore the map of networks to find one near you. Contact your regional network coordinator to learn how you can participate in your local TICN. No network in your region? Browse the resources below, and visit the VA TICNs website to contact Greater Richmond SCAN for support and consultation about how to build a network in your area.

### Resources

**VA TICNs Website** 

- **8 Key Elements for Building & Sustaining a TICN**
- VA TICNs eNote Archive

**Office of Trauma and Resilience Policy** 

**Campaign for Trauma-Informed Policy and Practice** 

**PACEs Connection** 

**Mobilizing Action for Resilient Communities** 



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