**Hours of Operation** 

Monday through Friday 8 a.m. – 4 p.m

For more information or to send a referral, please contact:

Julie Krupacs, MSW (804) 257-7226 ext. 7 jkrupacs@grscan.com



Caregivers are responsible for transportation to and from school. \*Bus tickets will be provided as needed.\*

#### Meals

The Child and Adult Care Food Program (CACFP) provides nutritious meals and snacks that contribute to the wellness, healthy growth, and development of young children, and the health and wellness of older adults and chronically impaired disabled persons. Participating institutions receive reimbursement by serving these nutritious meals to eligible individuals who are enrolled for care at participating child and adult care centers.

We participate in The Child and Adult Care Food Program (CACFP). Every family must fill out both forms as truthful and to the best of your ability to help us continue to provide nutritious meals and snacks to every family enrolled.



A Program of Greater Richmond SCAN



# The Circle Preschool Program





Located at 1101 Bainbridge St. Richmond, VA 23224

### **Program Description**

The Circle Preschool Program is a Licensed Child Day Center through the Virginia Department of Social Services. We provide services to children and their families in a child centered therapeutic environment. The dual focus of the program provides services to children and their caregivers. The program aims to improve social and emotional functioning, while enhancing foundational learning skills and significantly improving the caregiver and child relationship.



#### Our Student Population

Children, ages 3 to 6 who have experienced exposure to various types of adversities or direct trauma. These experiences may impact social and emotional difficulties that interfere with a child's ability to regulate emotions, communicate with others and develop pro-social relationships with peers and adults.

## **Services Provided**

Individualized clinical assessments are conducted with each child and family. Individual, family and group psychotherapy services are provided through child-centered approaches. We incorporate Theraplay, PCIT,

approaches. We incorporate Theraplay, PCIT, and other evidenced based modalities into our work with families.



**Reggio-inspired, child-directed, therapeutic learning** environment with low child-to-teacher ratio.

#### Children are provided opportunities for...

- Obtaining skills for calming, regulating, and coping with strong emotions
- Supporting development in all domains of early literacy, early math and social skills, through a multi-sensory approach.
- Interacting and learning with children in a typical preschool setting to enhance relationships.
- Occupational therapy available if indicated and Speech consultation services.
- Caregiver programming is provided twice monthly to enhance skills and provide specialized education to our families in a supportive group setting.

#### Children enrolled may exhibit the following

- Excessive worries, feelings of anxiety and uncertainty
- Challenges with Attachment, Trust and Separation
- Inability to Regulate or Manage Intense Emotions
- Impulsive, Hyper-vigilant or Aggressive Behaviors
- Poor social and communication skills
- Experiences with nightmares, intrusive memories or is easily startled



Program Cost: The fee for the Circle Preschool is \$150 per week. We offer a sliding scale based on caregiver's income. \*All services are provided regardless of ability to pay\*