



## Positive Discipline

- Set a good example. Model behavior/tone of voice/language you would like your child to use.
- Praise your child for his/her accomplishments.
- Catch your child being good.
- Ignore unwanted behaviors as much as you can unless they are destructive or harmful.
- Let your child know when behavior is annoying in an appropriate way.
- Redirect or distract your child.
- Control the situation- not your child.
- Involve your child through choices and consequences.
- Be consistent.
- Help your child develop inner self-control.
- Encourage independence in your child.
- Listen to your child. Be flexible and re-examine rules as your child matures.
- Have logical consequences for misbehavior.
- Give your child age appropriate responsibilities such as cleaning room or setting the table.
- Show affection to your child.
- Say I Love You.

*Families are Magic*

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