



BUILDING RESILIENT COMMUNITIES

A FREE VIRTUAL CONFERENCE CELEBRATING
VIRGINIA'S TRAUMA-INFORMED COMMUNITY NETWORKS

conference schedule

9:00-10:00 | Morning Keynote
 10:15-11:15 | Workshop 1
 11:30-12:30 | Workshop 2
 12:30-1:15 | Break/Lunch
 1:15-2:15 | Workshop 3
 2:30-3:30 | Workshop 4

Workshops	Trauma-Informed and Resilient Communities	Responding to the Needs of Diverse Groups	Trauma-Responsive Organizations and Systems
10:15-11:15	Family Engagement: A Critical Resource to Build Resiliency in Diverse Communities	The Roots of Trauma: How Racial, Historical Trauma and Intersectionality Impacts Students of Color	The Value of Incorporating People with Lived Expertise
11:30-12:30	Trauma-Informed Care & Healing-Centered Engagement: A Conversation on Resilience	Providing Trauma-Informed Support & Training for First Responders	Integrating Legal & Social Services in Support of Unaccompanied Children
1:15-2:15	Wellness is for Every BODY: Creating an Inclusive Community by Dismantling Diet Culture and Addressing Weight Stigma	Being Led by Lived Experience: Working Ethically with Survivors of Childhood Abuse	Building Your Toolkit: Strategies to Boost Self-Regulation in Learners
2:30-3:30	Greater Williamsburg TICN's Racial Trauma Committee	Family Resilience in the COVID Era	Strength from the Past, Growth in the Present, and Resilience for the Future: Richmond DSS' Journey to Become a Trauma-Responsive Organization

MORNING KEYNOTE



9:00-10:00

Building Resilient Communities Panel Discussion

Join representatives from four networks throughout Virginia for a discussion about the impacts of trauma-informed practice, resilience, and healing in their personal and professional lives and within their communities. Panelists will also discuss their hopes for the future of these efforts and what is needed to continue the work.

PANELIST BIOS

Antonio Clinkscales is a pastor, educator, and owner of Life Way Services in Caroline County, Virginia. Life Way Services provides in-person and virtual outpatient mental health counseling to youth and adults. Rev. Clinkscales is the founder and managing director of the Caroline Virginia Community Resilience Network organized in 2017. He is an ACEs Connection Bureau Speaker and ACEs Interface Presenter who sponsors the "Tackling Trauma Together Summit" each year to include notable professionals skilled in emotional trauma. Rev. Clinkscales earned several certificates in Adverse Childhood Experiences C.A.R.E. and Empathy Skills training. Rev. Clinkscales continues to be a community partner and advocate of hope by combining science innovation and biblical principles to assist individuals towards wholeness.

Tamika Daniel is the Behavioral Health Community Organizer for Greater Richmond SCAN and serves on the Community Resilience Committee of the Greater Richmond Trauma-Informed Community Network. Tamika Daniel is an east end community resident and mother to four children. She began advocating for the needs of her son with autism and that led her to advocating on a larger scale in the 10 years of not being employed. She began as SCAN's Behavioral Health Community Organizer in August 2019 through a partnership with Richmond Memorial Health Foundation. Utilizing her expertise and experience, she brings SCAN's work in Adverse Childhood Experiences, trauma, and resilience to the community through trainings and forums. She also assists in building resilience and facilitating healing through empowerment and connection through a trauma-informed and equity lens. Additionally, she brings her voice and advocacy to meetings and tables throughout the community.

Patti Kiger is an instructor at Eastern Virginia Medical School in Pediatrics Community Health and Research. She is the Executive Director of Eastern Shore Healthy Communities, a community health coalition that focuses on social determinants of health. She lectures on coalition development, social marketing, and qualitative research methods. She serves on the Virginia Health Commissioner-appointed Advisory Committee on Health Disparities and Health Equity and the Board of Directors for YMCA Camp Silver Beach. She received her Bachelor's degree in English literature from Gordon College, Wenham, MA; her Masters of Education Curriculum and Design from the University of Virginia, Charlottesville, VA; and did doctoral studies in Health Services Research at Old Dominion University in Norfolk, VA.

Jenna White has served on the Fairfax Trauma Informed Community Network for the past five years representing the Fairfax County Council PTA. She created this position to bring her lived experience and family engagement to the TICN. She is also a NAMI member, ACE Interface presenter and founder of PACT- Promise to Address Childhood Trauma. Jenna is the parent of two boys and co-owns a boutique marketing communications agency, j.a. creative.

Moderator **Melissa McGinn**, MSW, LCSW, is currently Greater Richmond SCAN's Director of Community Prevention Programs and State Coordinator for Virginia's Trauma Informed Community Networks. She is responsible for the management and coordination of all SCAN's prevention programs, training, and consultation on becoming a trauma informed organization. Melissa has been an adjunct professor and field liaison at Virginia Commonwealth University for 15 years. Melissa worked at the Virginia Department of Social Services, re-establishing the Child Welfare Stipend Program at four universities across the state. Melissa spent the first 14 years of her career as a child and family therapist specializing in the treatment of complex trauma, working primarily with children in the child welfare system, in community based and outpatient settings.

TRAUMA-INFORMED AND RESILIENT COMMUNITIES

10:15-11:15 **Family Engagement: A Critical Resource to Build Resiliency in Diverse Communities**

Research shows that including diverse family members on committees and in other decision making roles in education, mental health, juvenile justice, and other systems is key to providing culturally inclusive and trauma-informed practices that can heal communities. Three family members will share their lived experiences working to end the stigma of trauma and provide practical tips on how family engagement can improve outcomes for trauma impacted children, youth, and adults. The session will focus on how to recruit families, prepare families to serve on committees, and work collaboratively with staff members of various organizations. **Led by Jenna White, Beth Spivak, and Kelly Henderson.**

11:30-12:30 **Trauma-Informed Care & Healing-Centered Engagement: A Conversation on Resilience**

This workshop will give an overview of trauma-informed care (TIC) and healing-centered engagement (HCE), and the inherent resilience-building approaches of each. Trauma-Informed Care was conceived of in the 1990s after the creation of the diagnosis of PTSD and the acknowledgement of the impact that traumatic events can have on a person's brain and behavior. Healing-Centered Engagement is a term originally coined by Dr. Shawn Ginwright in 2018, which is an asset-based and culturally rooted approach to healing and well-being, especially focused on support for individuals of color. The workshop will start with the basics of each approach, take a journey into the latest neurobiology, dive into the similarities of these two approaches, and lastly explore how these two can work together to help us serve others. **Led by Kristin Lennox and John Richardson-Lauve.**



1:15-2:15 **Wellness is for Every BODY: Creating an Inclusive Community by Dismantling Diet Culture and Addressing Weight Stigma**

Diet culture is a system of beliefs and culture that promotes thinness and weight loss as indicators of ultimate health and oppresses people who don't match up with this supposed picture of "health." This presentation will provide an overview of eating disorders, diet culture, weight stigma and its traumatic impacts on our clients, our organizations, and our community. During this presentation, we will emphasize the ways in which diet culture and systemic and organizational weight-discrimination cause a traumatic impact on our efforts to create communities that are safe(r) for all people in all body sizes and from all backgrounds. We will explore weight discrimination and the tools to dismantle diet culture. Finally, this presentation will end with an opportunity for participants to commit to strategies to be a part of dismantling diet culture within their own lives, professional development, and communities. **Led by Courtney Diener and Caitlyn Largent.**

2:30-3:30 **Greater Williamsburg TICN's Racial Trauma Committee**

In Feb. 2021, the Greater Williamsburg Trauma-Informed Community Network formed a Racial Trauma Committee to address the issues of historic and systemic racial trauma in the Greater Williamsburg community. Over the past year, committee members have met consistently to discuss ways in which we can address racial justice and reconciliation to bring healing to the BIPOC members of our community. **Led by Rebecca Vinroot** and members of the committee.

RESPONDING TO UNIQUE NEEDS OF DIVERSE GROUPS

10:15-11:15 **The Roots of Trauma: How Racial, Historical Trauma and Intersectionality Impacts Students of Color**

As many schools work to become trauma-responsive, a key aspect of trauma awareness is often forgotten. The impact of historical and racial trauma is a significant consideration in providing safety for students of color. This presentation will explore the intersection of epigenetics, historical or intergenerational trauma, and Post Traumatic Slave Syndrome (PTSS). Racial trauma, or race-based traumatic stress (RBTS), in the form of microaggressions, code-switching, colorism, and more will also be addressed. Trauma is also experienced at the intersections. Trauma bears the scars of the myths, microaggressions, hatred, oppression, and violence done in that context. Educators will explore the symptoms of racial stress and intersectionality and how to provide a supportive and healing environment for students of color and students with intersecting identities. **Led by Taisha Steele and Decca Knight.**

11:30-12:30 **Providing Trauma-Informed Support & Training for First Responders**

This workshop will dive into the unique needs of first responders, specifically related to behavioral health and experienced trauma. Topics discussed will include 1) Why the training - Tactical Brain Training® (TBT) - was developed, 2) How TBT was developed, and 3) How TBT is received based on self assessment tools & evaluation feedback. **Led by Gina Rollo White.**

1:15-2:15 **Being Led by Lived Experience: Working Ethically with Survivors of Childhood Abuse**

This workshop will explore the challenge of creating programs informed by those with lived experience of childhood harm when the very act of remembering can retraumatize. We acknowledge cultural and intersectional identities that are unique and add to the impact of ACEs. We will highlight our experience creating 'guardrails' for working with survivors to capture and incorporate their lived experience in community program development. We will share resources developed with survivor input and suggest next steps based on the results of a recent roundtable with survivors of childhood sexual abuse (CSA) supported by a TICN grant from Family & Children's Trust Fund of Virginia (FACT). **Led by Laurie Tasharski.**



2:30-3:30 **Family Resilience in the COVID Era**

This workshop will explore the experiences of families who have children with mental health needs during the pandemic. Citing anecdotal evidence from interviews with local parents and caregivers, we'll examine the specific ways in which families coped with and positively adapted to COVID-19. While many are more in touch with their mental health needs as a result of COVID, this workshop will focus on the experience of families who have children with special needs, trauma, and mental health diagnoses. The focus will be strengths-based, with an emphasis on resiliency, lessons-learned, and improved functionality within the family unit and community as a whole. **Led by Amanda Long and Dawn Shearman.**

TRAUMA-RESPONSIVE ORGANIZATIONS AND SYSTEMS

10:15-11:15

The Value of Incorporating People with Lived Expertise (LEx Leaders)

Families Forward Virginia is committed to elevating the voice of lived expertise. This workshop will focus on meaningful inclusion of the voices of parents/caregivers to bring about changes to strengthen programs designed to support families. We will explore the benefits to families, agencies and communities when opportunities are made available for meaningful parent engagement in the decision-making process. The presenters will include members of the Virginia Parent Council, who will share their experiences of coming alongside the practitioners in the Families Forward organization to provide the parent voice throughout the agency. Creating safe spaces for meaningful discussion allows for the sharing of diverse opinions and ensures more equity and inclusion throughout agency programming. **Led by Julie Rivnak-McAdam and Donna Guevara.**

11:30-12:30

Integrating Legal & Social Services in Support of Unaccompanied Children

Advocating for unaccompanied children in removal proceedings requires both legal and social services support. This workshop will discuss KIND's model of integrating social and legal services, a trauma-informed and strength based approach, and the benefits of creating partnerships between legal services providers and community organizations. The workshop will be interactive and build on experiences and ideas from the attendees. **Led by Ingrid Rosales Zavala and Teresa Lee.**

1:15-2:15

Building Your Toolkit: Strategies to Boost Self-Regulation in Learners

According to research, self-regulation must be explicitly taught. It is a vital life skill that enhances our ability to relate to others, improves memory and cognition, and helps foster healthy communication and problem solving. Through this interactive workshop, participants will gain an understanding of the importance of self-regulatory skills in the classroom. Additionally, an emphasis will be placed on the importance of connecting with the survival, emotional, and thinking parts of the brain to foster resilience and grow neuroplasticity. Participants will create a toolbox of self-regulatory skills and resources to use with learners. **Led by Amanda Lynch.**

2:30-3:30

Strength from the Past, Growth in the Present, and Resilience for the Future: Richmond DSS' Journey to Become a Trauma-Responsive Organization

This workshop will feature stories from the past five years, highlighting the successes and challenges that our organization has experienced as we worked to implement and sustain various elements of a trauma-responsive practice plan. In the face of an unexpected and unpredictable pandemic, plans for implementation regularly had to be reimaged, and in many ways we had to get back to the basic principles of trauma-informed care to ensure that our organization and staff were themselves able to weather the storm, and serve the growing needs of our residents. Throughout the workshop, participants will meet members of our department's Trauma-Informed Leadership Team (via video vignettes), who will share their insight into our department's ongoing journey to serve our clients and contribute to a Resilient RVA. **Led by Kelley Brown.**





WORKSHOP PRESENTER BIOS

Amanda Long (Family Resilience in the COVID Era) is the Program Manager for the Cameron K. Gallagher Mental Health Resource Center (CMHRC). Historically known as the Children's Mental Health Resource Center, the CMHRC helps families navigate the mental health system. Using a peer-support model, family navigators assist parents and caregivers in identifying appropriate resources for the children and youth in their lives. Amanda has worked in the field of mental health advocacy and education for 10 years. In the midst of a nationwide youth mental health crisis, she remains committed to elevating the valuable stories of families with lived experience. She thrives in spaces that promote authentic engagement and is always excited to collaborate with partners in the community.

Amanda Lynch (Building Your Toolkit: Strategies to Boost Self-Regulation in Learners) grew up in the suburbs of Glen Allen, Virginia. She spent much of her time as a child climbing trees and running barefoot through the rural Hanover and Henrico counties with her cousins. Amanda's household was filled with books, gospel music, and the smell of soul food, which her grandfather made for their neighborhood restaurant. Amanda often wrote short stories and poetry to share with family and friends and even her high school and college literary magazines. Amanda was always a busy kid who simply could not sit still. She also never stopped talking. She believes this set the stage for her career in public speaking and literacy. Amanda earned a Bachelor's Degree in African-American Studies and a Master's in Teaching. Although no longer a school teacher, Amanda is a registered yoga teacher, mindfulness teacher, and trauma informed trainer which affords her the opportunity to walk like a chicken and breathe like a bee with great frequency. Currently, Amanda lives in Richmond, Virginia with her four children (Amani, Ava, Hazy, and Prim).

Beth Spivack (Family Engagement: A Critical Resource to Build Resiliency in Diverse Communities) is the Family Support and Outreach Director at Formed Families Forward; **Jenna White** is a Parent Advocate and Founder of PACT (Promise to Address Childhood Trauma); and **Kelly Henderson** is Executive Director at Formed Families Forward.

Caitlyn Largent (Wellness is for Every BODY: Creating an Inclusive Community by Dismantling Diet Culture and Addressing Weight Stigma) is the Assistant Director for Sexual and Interpersonal Violence Prevention and Response in George Mason University. She earned her Master's in Clinical Mental Health Counseling from Mason in 2019 and holds a Bachelor's in Forensic Psychology from Tiffin University. She is currently pursuing a Graduate Certificate in Contemporary Dispute Resolution. Her research interests include trauma-informed conflict resolution, pro-social bystander intervention, violence prevention, and healthy relationships education.

Courtney Diener (Wellness is for Every BODY: Creating an Inclusive Community by Dismantling Diet Culture and Addressing Weight Stigma) serves as an Associate Director in the Student Support and Advocacy Center at George Mason University overseeing Sexual and Interpersonal Violence Prevention and Response, Substance Use and Recovery, and Comprehensive Prevention. She received her Master's degree in Social Work from Case Western Reserve University and a certificate in management and leadership. She also holds dual Bachelor's degrees in social work and education from Bowling Green State University. She is also an adjunct faculty member in Women and Gender Studies at George Mason University and is working towards a Ph.D. in Higher Education at George Mason University. Her research interests include recovery, trauma-informed organizations, pro-social and skills-based prevention, diet culture's systemic impacts, and higher education.



Dawn Shearman (Family Resilience in the COVID Era) is a Licensed Clinical Social Worker and has been a Family Navigator at the Cameron K. Gallagher Mental Health Resource Center (CMHRC) since the end of 2019. As a Family Navigator, Dawn provides families with options for mental services in their community. As a parent with lived experience, she enjoys educating families who may be accessing mental health services for the first time and lending an empathetic ear to families who need support. Dawn's previous work experience includes several years as a hospice social worker, working as an outpatient therapist at Henrico Mental Health, and serving as a Parent Group Facilitator for the Family Support Program at Greater Richmond SCAN.

Decca Knight (The Roots of Trauma: How Racial, Historical Trauma and Intersectionality Impacts Students of Color) is a Licensed Professional Counselor, Licensed Professional School Counselor, National Certified Counselor, and a Certified Clinical Trauma Practitioner. She received her undergraduate and graduate degrees at Virginia Tech. Decca has 15 years of experience in the mental health field and has worked in the school system, private practice, and as a consultant to various agencies, organizations, and school systems. Decca has advanced training in trauma-informed care, play therapy, Theraplay, expressive therapies, and dyadic therapies. Currently Decca works as the Coordinator of Trauma-Informed Care and Elementary Counseling for Roanoke City Schools while managing her consulting firm, Blue Ridge Parenting. In this capacity she works individually with parents and teaches parenting courses. In addition, Decca co-owns Connected Child Consulting, a consulting business which provides education and support to school, community, business, and faith-based organizations related to child development. She has presented to clinicians, educators, social workers, physicians, parents, etc. regionally, statewide, and nationally. For her work with children, Decca has been awarded the "Golden Halo" award by Children's Trust for preventing child abuse in the Roanoke community as well as the Humanitarian and Caring Person Award for the state Virginia Counselors Association.

Gina Rollo White (Providing Trauma-Informed Support & Training for First Responders) is the founder and CEO of Mindful Junkie, a not-for-profit organization helping First Responders mindfully navigate the chaos of work and life. Gina has over 15 years of experience as a mind-body teacher, educator, and author. She has a Masters degree in Mindfulness Studies. Her graduate thesis was Mindfulness and Law Enforcement, An Effective Approach to Implementing Mindfulness for First Responders. Gina has spent the last seven years developing trauma sensitive mindfulness trainings, programs, and workshops tailored for law enforcement, fire services, medical professionals, military, and other trauma sensitive communities. She has delivered these trainings across the country to members of hundreds of departments. Gina authored a Justice Department approved Criminal Justice Mindfulness Training Curriculum, which forms the backbone of her first responder mindfulness training programs – Tactical Brain Training® - Mindfulness for First Responders. Gina also authored the First Responder Mindfulness Journey, and delivered its content on the AmDTx mindfulness app, the only mindfulness app that has outperformed placebo in scientific studies examining attentional control, endurance, mental fitness, and stress resilience. Gina has spoken about First Responder Mindfulness at over a dozen conferences across the United States.

Ingrid Rosales Zavala (Integrating Legal & Social Services in Support of Unaccompanied Children) is originally from Peru. For the last 10 years, she has worked with the immigrant population in the U.S. in different capacities and has led and managed programs designed to empower the immigrant population.



John Richardson-Lauve (Trauma-Informed Care & Healing-Centered Engagement: A Conversation on Resilience) is a licensed clinical social worker with over 25 years of experience working in the field of community mental health. He is committed to the support and strengthening of individuals and communities that struggle with adversity. His experience includes work with chronically mentally ill adults, substance abuse, residential youth care, foster care, and outpatient mental health. He is the Director of Mental Health and the Lead Trauma and Resilience Educator at ChildSavers, an outpatient mental health clinic that has served children and families in the Richmond community for over 90 years. He and his wife have a 13-year-old son and have worked with over 50 children in foster care in their home.

Julie Rivnak-McAdam (The Value of Incorporating People with Lived Expertise: LEx Leaders), has been working with parent engagement for over 35 years. She coordinates the Families Forward Virginia prevention program and coordinates the 18-state National Circle of Parents network. Julie has been on the staff of Families Forward Virginia for over 10 years. Prior to that time, she was the Executive Director of a child abuse prevention agency in Fredericksburg. She has a Masters degree in counseling education and worked as a school counselor for 10 years prior to her involvement with Circle of Parents. She has dedicated her career to help strengthen families throughout the Commonwealth of Virginia. She will be joined by **Donna Guevara**, Darkness to Light Program Coordinator for VDH, Parent Advocacy Coordinator, and Circle of Parents TA/QA Specialist; as well as parents who are involved in sharing their lived expertise within the Families Forward Virginia organization.

Kelley Brown (Strength from the Past, Growth in the Present, and Resilience for the Future: Richmond DSS' Journey to Become a Trauma-Responsive Organization) is the Trauma-Informed Care and Resilience Manager at the Richmond Department of Social Services. In this role, she helps the department to operationalize and implement trauma-responsive strategies and practices that support individual, family and community resilience-building. Kelley earned a Bachelor's degree in psychology from Duke University in 2007 (with a concentration in developmental psychology). She then went on to earn her Master of Social Work (MSW) degree from Virginia Commonwealth University, and is a Licensed Clinical Social Worker (LCSW) in the state of Virginia. Kelley has worked extensively with children, adults, and families in both behavioral health and family services settings, and has dedicated the last 15 years of her career to serving in those sectors. In her current role with Richmond DSS, Kelley enjoys applying the principles of trauma-informed care on both program and organizational levels, and is driven every day by her passion for helping children, families, and adults to thrive (including the wonderful colleagues she works alongside each day).

Kristin Lennox (Trauma-Informed Care & Healing-Centered Engagement: A Conversation on Resilience) is the Advocacy and Engagement Manager at Voices for Virginia's Children. She is responsible for identifying advocacy opportunities, developing traditional, digital, and grassroots engagement and advocacy strategies, and mobilizing advocates to support policy priorities. Kristin has 5+ years experience providing community-based mental health services, predominantly responding to crises or traumatic events. Kristin also managed efforts in community engagement and outreach through public speaking and interview opportunities. She has delivered global workshops and trainings on themes of trauma-informed care, healing centered engagement, and de-escalation. Kristin is passionate about increasing parity in community resources and mental health access for youth and families in Virginia. She believes in a responsible, person-centered approach to community engagement. Kristin earned her Bachelor and Master of Social Work from Virginia Commonwealth University. She is a practicing Licensed Clinical Social Worker, Certified Trauma and Resilience Practitioner, and an Adjunct Instructor with VCU's School of Social Work.



Laurie Tasharski (Being Led by Lived Experience: Working Ethically with Survivors of Childhood Abuse) is the Director of Institutional Abuse Prevention for Stop Child Abuse Now of Northern Virginia (SCANVA). She facilitates Allies in Prevention, local and international multi-disciplinary teams, and the Loudoun County Trauma Informed Care Network (TICN). Laurie has worked with child protection professionals and designed and delivered child protection programs and resources developed for schools and youth-serving organizations in more than 40 countries. She graduated from Bucknell University and received her M.Ed. from Trinity College, Dublin, Ireland. Most weekends you'll find her getting lost in new places.

Rebecca Vinroot (Greater Williamsburg TICN's Racial Trauma Committee) is the Chair of the Greater Williamsburg Trauma-Informed Community Network (GW-TICN) and Director of the James City County Department of Social Services. Rebecca will be joined by several members of the GW-TICN's Racial Trauma Committee, including **Carla Javier, Prell Gross, Latara Rouse, and Tony Dallman**, to tell their story of how the committee formed and where they go from here.

Taisha Steele (The Roots of Trauma: How Racial, Historical Trauma and Intersectionality Impacts Students of Color) has more than 20 years of experience advocating for the needs of youth and families who experience marginalization. She is the Director of Human and Civil Rights at Virginia Education Association and an adjunct professor at Bluefield University where she teaches courses on intersectionality and trauma-informed leadership. Recently, Taisha served as the Executive Director of Counseling and Equity at Roanoke City Public Schools where she supervised all staff and programs related to counseling and equity. She has collaborated with key district, city, regional, and state stakeholders to provide workshops and training on equity, racial and social justice in schools, and trauma-informed practices. Taisha also served on the Virginia Department of Education's Task Force on Equity and Reopening Schools where she advocated for mandatory trauma-informed practices, and social-emotional learning programs in all Virginia Schools. Taisha was named 2020 Virginia Counselor of the Year for her advocacy for children and educators. She currently serves on several boards and organizations in the community including Virginia Counselors Association as Secretary-Elect and Children's Trust Board of Directors as Chair of the Diversity, Equity, and Inclusion Committee. Taisha has a Master's Degree in Counseling and an Ed.S. in Education Leadership and Policy. She is also pursuing a doctorate in Educational Leadership with a focus on diversity, equity, and inclusion.

Teresa Lee (Integrating Legal & Social Services in Support of Unaccompanied Children) first joined KIND in September 2015 as an Equal Justice Works Fellow, where she focused her direct representation on unaccompanied children who were victims of severe forms of violence, including intra-family violence, community violence, sexual violence, and trafficking. Teresa transitioned into various roles within KIND before landing in her current role as Managing Attorney. After transitioning into a Pro Bono Coordinating Attorney role and then the Senior Pro Bono Coordinating Attorney role, she is now a Senior Attorney for KIND's Washington, D.C. office. Teresa received her J.D. from American University's Washington College of Law (WCL) and her undergraduate degree from George Mason University.

