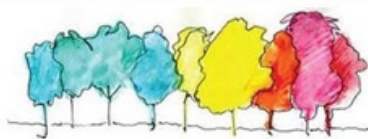


INTRODUCTION TO TRAUMA AND RESILIENCE

July 22, 2021 | 10:00 a.m. - 12:00 p.m.

REGISTER HERE!

This free two-hour virtual training facilitated by Amanda Lynch, Trauma-Informed Specialist with Greater Richmond SCAN and Boys & Girls Clubs of Metro Richmond, is open to all members of the community interested in a foundational learning experience around the topics of trauma and resilience. Participants will learn to define trauma and identify different types of trauma, review the findings of the Adverse Childhood Experiences (ACEs) Study, and explore the impact of trauma on the brain and behavior. The training also introduces the basics of a trauma-informed approach and the science of building resilience.



Greater Richmond
Trauma-Informed Community Network

