

# Introduction to Trauma and Resilience

*with Tamika Daniel*

**MAY 5 | 1:00 - 2:00 PM**

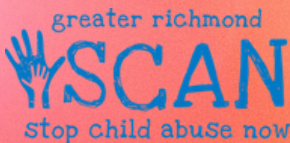
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Join Greater Richmond SCAN's Behavioral Health Community Organizer, Tamika Daniel, for a free virtual training on trauma and resilience that covers the basics of trauma and how it affects behavior, and shows how resilience can be built based on real-life experiences. This relatable and accessible training helps to shed new light on these topics.

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