



JOIN US ON ZOOM! TRAUMA STEWARDSHIP

A FREE ZOOM Workshop for healthcare providers, educators and helping professionals

Jennifer Hilliard and Ginger Dotter, Prevention Consultants, will lead a conversation about strategies to maintain emotional, psychological and physical health while doing the difficult and demanding work of helping and supporting others. Trauma Stewardship, a presentation based on the book of the same title by Lauren Van Der Noot Lipsky, teaches us what secondary trauma is and the ways it can manifest itself in our lives. Participants will learn how to identify, select and integrate small changes that can help them deal more positively with the impact of others' trauma and hardship on themselves.

DATES: May 6

TIME: 1-3 p.m.

FEE: FREE

ZOOM LINK: (Brief registration required)

<https://zoom.us/meeting/register/tJcvdumgrD8uGtJs7hGXbG9gJdE9ZMZFpu->

**For more information,
contact Louie Klenke at
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