



Greater Richmond (VA)  
Trauma-Informed Community Network

JOIN THE GREATER RICHMOND TICN IN SHARING

# 21 ACTS OF KINDNESS JANUARY 24-30, 2021

kind·ness (/ˈkɪn(d)nəs/) noun

the quality of being friendly, generous & considerate

Please join the Greater Richmond Trauma-Informed Community Network in spreading kindness throughout our community by practicing **21 acts of kindness** during the week of January 24-30, 2021

Acts of kindness include things you do for yourself & others. Find ideas [HERE](#).

Share pictures and stories at [#21ActsofKindnessVA](#) & post on the [ACEs Connection GRTICN Community](#)



Kickoff  
event for  
January  
2021



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21



ACTS OF KINDNESS  
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