



JOIN VA TICNS IN CELEBRATING

**RESILIENCE WEEK VA**

MAY 2-8, 2021



At a time when building resilience is more important than ever - our communities will celebrate the 2nd Annual Resilience Week Virginia by focusing on 7 themes.

THEMES:

CONNECTION  
GRATITUDE & KINDNESS  
GRIEF & LOSS  
DIVERSITY, EQUITY & INCLUSION  
HAPPINESS & PLAY  
COVID-19 PANDEMIC  
MIND, BODY & SPIRIT

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Find details on the [Resilience Week VA 2021 website!](#)



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