

Creating a Shared Language for Resilience

Introduction to Trauma & Resilience Trainings and Resilience Screenings in Greater Richmond



Olivia Wilson and Rachael Kaufman from Greater Richmond SCAN lead a community discussion after a screening of *Resilience* at the Byrd Theater.

Whether we carry our own trauma or encounter and engage with individuals who have experienced trauma in our personal or professional lives, everyone is impacted by trauma in some way. Having a better understanding of trauma can change how we see ourselves and how we interact with one another, with transformational effects that ripple out through the broader community. This shared understanding forms the foundation for building resilience individually and collectively.

As part of their ongoing efforts to encourage the cultural shift toward resilience, Greater Richmond SCAN (Stop Child Abuse Now) and the Greater Richmond Trauma-Informed Community Network (GRTICN) offer free educational trainings and film screenings. Free public trainings of *Introduction to Trauma and Resilience* and free community screenings of the film *Resilience*, which includes a post-screening discussion, are offered every other month, with additional facilitated screenings and trainings available upon request. These services provide the shared language for resilience that supports individuals and communities as they grow and heal.

Visit grscan.com for more information and to register for or request a training or screening.

Testimonials

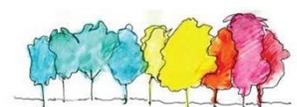
"I already study trauma, but the film [*Resilience*] was helpful because the language was so understandable."

"I feel much more capable of not only implementing a trauma-informed approach in my work but sharing the knowledge with colleagues and loved ones. This information is so important and should be spread far and wide, and this [*Introduction to Trauma and Resilience*] training is helping to do that!

"I've gone through trauma training in the past but this is first time I feel like I can explain [and] understand trauma effects on brain."

As of February 2020, over **6,000** people have attended over 100 *Resilience* screenings, and over **10,000** people have received Introduction to Trauma and Resilience training.

greater richmond
SCAN
stop child abuse now



Greater Richmond
Trauma-Informed Community Network