

Trauma Informed Child Welfare Project
Timeline Proposal

Activity	Time Commitment for Child Welfare	Benefit	Support Provided
<p><i>Conduct Trauma System Readiness Organizational Assessment with each local Child Welfare agency</i></p>	<p>Direct Line Workers and Other Staff – 20-30 minutes per person</p> <p>Selected workers – 1 hour Focus Group (one time)</p> <p>Key Leadership Personnel – 4 hours over 4 week period</p> <p>Completed over months 1-4</p>	<p>Get a 360 picture from the perspective of all caregivers, case workers, leadership of what is being done now with TIC care and ideas of what is possible</p> <p>Development of a Unique Community Profile of current resources and learn strategies to access resources to improve TIC</p> <p>Opportunity to work with TICN Coaches that can help strategize about how to improve internal capacity and services as well as external capacity and services</p> <p>Develop a clear plan for meeting TIC needs and improve outcomes for all children who have experienced trauma</p>	<p>Organizational Assessment Results and Strategy Plan</p> <p>Using Trauma System Readiness Tool developed and supported by SAMHSA and NCTSN in working with other Child Welfare Departments</p> <p>Facilitate case reviews and focus groups led by members of the TICN</p>
<p><i>Develop and Convene Trauma Informed Community Network</i></p>	<p>Identify 1-2 key leadership personnel to dedicate 2 hours per month to Network Meeting</p> <p>Completed over months 1-6</p> <p>After month 6 moves to a quarterly meeting</p>	<p>Learn about Trauma Certificate Programs for Mental Health Providers to enhance TIC interventions that are evidence informed</p> <p>Create a Resource List of TIC services available to case managers</p> <p>Identify gaps in TIC services and mutual resources to fill those gaps</p>	<p>Involvement with TICN of Greater Richmond area</p> <p>Facilitators for Network Meetings</p> <p>Assistance with development of TIC Services Resource List</p>

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<p><i>Conduct Trauma Informed Practice Training and Education Module(s)</i></p>	<p>12 hours of training over 6 weeks for direct care and supervisory child welfare workers and administrators and other key child welfare personnel</p> <p>Completed in months 4-9</p>	<p>Offers Specialized Training for Child Welfare Workers in the following areas:</p> <ul style="list-style-type: none"> - Creating Trauma-Informed Child Welfare Practice: Introduction to the Essential Elements - What is Child Traumatic Stress? - The Impact of Trauma on Children’s Behavior, Development and Relationships - Ways to Build Relationships with Caregivers Who Have Experienced Trauma - Assessment of a Child’s Trauma Experiences - Key Areas of Assessment for Families - How to Engage All Family Members and Other Team Members in Assessment and Planning - Providing Support to the Child, Family and Caregivers - How TIC Guides Case Planning - Managing Professional and Personal Stress 	<p>TIC Educational Specialists from TICN (Trauma Informed Community Network) and/or recommended by TICN Coaches</p> <p>Implementation of the Child Welfare Toolkit developed in partnership with SAMHSA/NCTSN and shown to be effective in supporting child welfare workers with case planning & monitoring of services</p>
<p>Implement the use of the Brief Trauma Screening Tool</p>	<p>10- 15 minutes for each administration of tool (with a goal of getting it down to 5-10 minutes)</p> <p>2 hours of training on tool administration</p> <p>Completed in months 6-9</p>	<p>Offers an important component of case management, when to refer a child for what service</p> <p>Provides a part of a decision tree model that improves getting children and families access to TIC assessments and services earlier on in the process (which decreases risk factors and increases protective factors)</p>	<p>TICN Coaches will work with leadership in selecting a tool that will work with current case flow processes</p> <p>TICN Coaches to facilitate monthly case consultation with Child Welfare Workers and Supervisors</p>

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<p>Outcome-oriented Case Plans and Feedback Reports</p>	<p>Development Phase Leadership would self-select and recommend workers to be a part of the TICN Feedback Report System Subcommittee</p> <p>Completed in months 9-11</p>	<p>Development of a specialized reporting system that leadership can customize to meet the needs of the child welfare worker in case planning</p>	<p>TICN Coaches will assist with development/recommendations for an outcome measurement system</p> <p>TICN (including Henrico representatives) will design a subcommittee that will develop an outcome measurement system</p> <p>On-site support for supervisors and direct case workers for incorporation of outcome tracking system into case planning and monitoring</p>

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Evaluation Phase	Focus Groups for Evaluation of Implementation Process Completed in months 9-12 Training Institute created with initial child welfare agency so that new CW workers can learn TIC information	Evaluate system changes in developing/enhancing TICW systems Explore implementation barriers and resources developed Identify needs met through cross collaboration networks Involve caregivers and youth in reviewing progress made and future areas of growth	TICN Coaches to conduct focus groups looking at progress, barriers, and resources TICN Coaches will assist with identifying /developing a system to track outcomes across all children screened in child welfare system

Total Time Commitment:

Direct Service Staff Training: Approximately 26 hours (time may vary for case reviews based on preparation time needed)

Leadership Staff Training over first year: Same as above, plus additional 7 hours of training and participation in the organizational assessment

Self-Selected Staff for Assessment and Feedback Report Development: Additional 1-2 hours per month

Direct Service Staff and Supervisors attend case consultation: 2 hours per month

Self –Selected Leadership for TIC Network, Assessment Process, and Feedback Report Development: Additional 2-4 hours per month